

ACPE NEWS

of the North Central Region

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Gary Sartain, Regional Director

This newsletter contains important information about the 2006 Annual Meeting.

A registration form is included as an insert. (You may also register online.)

Please register by April 15th. Do not include payment with your registration; you will be invoiced.

“Narrative Approaches to Difficult Problems” Supervisory Interventions for Students who have Experienced Physical and/or Sexual Abuse

NCR Annual Meeting - May 21 -23, 2006

Chula Vista Resort - Wisconsin Dells, Wisconsin

Your 2006 Conference Planning Committee—**Nan Aalborg, Dean Hokel, and Mark Tabbut**—have put together what promises to be an outstanding conference that will provide quality continuing education opportunities, moving worship experiences, and top-notch banquet entertainment. The plenary speaker was chosen on the recommendation of the Minnesota sub-region who have used him for their winter training events the past two years. And the topic grew out of the request of the Chicago sub-region to continue conversation on it after their workshop with **Jim Pohling** last fall. Application has been made to APC for up to 7 hours of Continuing Chaplaincy Education Credit.

Plenary Speaker:

Walter H. Bera, PhD, LP, LMFT, LADC

Walter Bera is the founder and director of the Kenwood Therapy Center in Minneapolis, where he provides individual, couple and family therapy and professional clinical supervision, consultation and training that emphasizes research-informed, relationship-based, narrative, collaborative and social justice approaches. Walter has worked to provide innovative, effective and ethical approaches to serious therapy issues since 1970 when he began teaching self-defense/assertiveness courses to victims of sexual assault while attending the University of Minnesota.

Over the years Walter has trained with Milton Erickson, MD, Jay Haley, Salvador Minuchin, MD and Carl Whitaker, MD. More currently, he received the prestigious Bush Leadership Fellowship in 1994-1995 which funded his Ph.D. research and study of Narrative Therapy in New Zealand and Australia with cofounders David Epston and Michael White. Since then, Walter has continued to help develop and deepen Narrative Therapy ideas and practices in Minnesota through providing and organizing on-going workshops and supervision and bringing in national and international presenters including Epston and White.



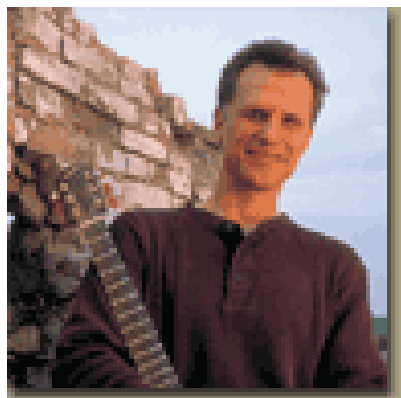
Walter Bera

Walter received his Ph.D. in Family Social Science at the University of Minnesota in 1995 with a dissertation entitled “Clergy Sexual Abuse and Male Survivors: A Study of Stress and Coping Among 25 Men Abused by the Same Minister During Their Adolescence.”

Walter works locally, nationally and internationally as a consultant, therapist and speaker on sexuality, abuse, relationship and advanced therapy approaches for therapists, universities, schools, churches, business and government. He is Adjunct Faculty in the University of Minnesota’s Family Social Science Department and the School of Social Work, and Adjunct Professor in St. Mary’s University Graduate School and the Minnesota School of Professional Psychology. He was the 1997 recipient of the Outstanding Faculty Award at St. Mary’s University. Walter is married with one daughter and is an active 3rd Degree Black Belt Sensei in Shotokan Karate and practitioner of Kali/Jeet Kune Do and Mindfulness Meditation.

Banquet Entertainment:

Peter Mayer



Our banquet entertainer will be Peter Mayer. Peter writes songs for a small planet—songs about interconnectedness and the human journey; songs about the beauty and the mystery of the world. Whimsical, humorous, and profound, his music takes you up mountains, across oceans, into space, and back home again. A native of Minnesota with a background in Theology, Peter is not big on love songs, but prefers delving into science, nature, and things spiritual. Peter started touring full-time in 1995 and has gradually amassed a dedicated, word-of-mouth following, selling out shows from Minnesota to Texas, New England to Colorado. He has six CDs to his credit, and has sold over 40,000 of them independently. His accolades include numerous nominations for Minnesota Music Awards, and selections as a finalist in several songwriting competitions including Telluride and the Rocky Mountain FolksFest, where he has been invited back to perform and teach songwriting at the highly regarded Rocky Mountain SongSchool.

Workshops:

(Provided by our own Supervisors. Workshop summaries on page 4.)

Verlyn Hemmen & Mark Mallinger: “Working Creatively with our Own Traumatic Memories”

Nan Hirleman Aalborg: “Movement as a Language for CPE”

Susan Allers Hatlie: “Narrative Counseling Theory as a Model for Pastoral Care and for Teaching Theological Education in Clinical Settings”

Strategic Planning

We will continue with our Regional Strategic Planning process by giving further attention to the working document affirmed at our regional meeting at the ACPE gathering in Hawaii last October. Centers and Supervisors will be invited to share stories about how they are now living the mission, objectives, vision, and values. We will also look at how our process fits with the concurrent ACPE process. The working document is posted on the public section of the bulletin board on our NCR website (www.ncracpe.org). You are invited to go there prior to the meeting and input any comments or feedback.

Mary Wilkin’s Lecture

Your NCR Board has asked **Tim Thorstenson** to deliver this year’s Mary Wilkin’s Lecture.

Conference Schedule

Sunday, May 21

12:00 – 4:00	Registration	Lobby
1:00 – 4:00	Board & Committee meetings as called by Chairs Certification Committees	
3:00	Refreshments available	Convention Center
4:00 – 6:00	Opening Session – Worship & Business Session # 1	Convention Center
6:00	Hospitality	Suite 3101
7:00	Buffet Dinner	Fireside Room
8:15 - 9:30	Mary Wilkin’s Lecture & Discussion Tim Thorstenson	Convention Center
	Hospitality	Suite 3101

Monday, May 22

7:00-7:45	Breakfast Buffet	Fireside Room
7:45 - 8:15	Worship	Convention Center
8:15 - 9:15	Business Session # 2	Convention Center
9:30 – 11:00	Plenary Session # 1 Walter Bera: “Narrative Approaches to Difficult Problems”	Convention Center
11:00 – 11:15	Break	Convention Center
11:15 – 12:30	Plenary Session # 2 Walter Bera continued	Convention Center
12:30	Lunch Buffet	Fireside Room
1:30—5:00	Continuing Ed - Peer Review – Certification Committees - Free Time	

People will have the choice of using the afternoon in a variety of ways. Workshop offerings are listed below. Persons in need of peer review are invited to consider using this time for that as well. Contact Gary Sartain for meeting space.

	1:30 – 3:00	Verlyn Hemmen/Mark Mallinger Workshop	
	1:30 – 3:00	Nan Aalborg Workshop	
	3:15 – 4:45	Susan Allers Hatlie Workshop	
5:30	Hospitality	Suite 3101	
6:30	Banquet	Convention Center	
	7:30 – 8:20	Peter Mayer, Set I	
	8:20 – 8:45	Distinguished Service Award; recognition of retirees	
	8:45 - 9:30	Peter Mayer Set II	

Tuesday, May 23

7:00 - 7:45	Breakfast	Fireside Room
8:00 - 8:45	Worship & Memorial Service	Convention Center
8:45 - 10:15	Strategic Planning	Convention Center
10:15 - 10:30	Break	Convention Center
10:30 - 11:30	Business Session # 3	Convention Center
11:30	Box lunch to go	Convention Center Lobby

Workshop Summaries:

Verlyn Hemmen & Mark Mallinger: “Working Creatively with our Own Traumatic Memories”

Working creatively with our own traumatic memories provides an opportunity to integrate those stories in ways that not only help us personally but also inspire supervisory interventions that can be transformational. Listening for metaphors, observing body movement and investigating gestures can provide access to old memories that are not yet integrated. This workshop will explore a variety of ways to process old memories with the hope of moving toward a promising future. Participants will be invited to share from their own history of resolving traumatic memories as well as sharing significant supervisory interventions focused on memory integration.

Nan Hirleman Aalborg: “Movement as a Language for CPE”

This workshop is based on the idea that our physical being – as well as our spiritual, mental and emotional being – is an important source of learning, knowledge and awareness for the CPE process. Based on the concept that the body, mind and spirit are intertwined – and that whatever happens in one of these dimensions affects the other two – this workshop pays attention to what lessons the body can teach us about ourselves, others and God. “Movement for Body and Soul” also has applications for pastoral care. As spiritual caregivers we are daily confronting the embodiment of the patients we visit and care for; confronting and acknowledging our own embodiment is a way of honoring what our patients are experiencing and confronting how physical well-being, or its lack, is currently influencing spirits and thoughts.

With the use of music and creative movement, the goals of this workshop are:

1. To pray some of our prayers with movement rather than with words
2. To use movement to express some of the realities members of the group might be experiencing
3. To experience the healing power of the aesthetic through the beauty of music and movement
4. To look at the way the unconscious expressed itself through the body
5. To enjoy the fun and play of movement and dance

Susan Allers Hatlie: “Narrative Counseling Theory as a Model for Pastoral Care and for Teaching Theological Education in Clinical Settings”

This workshop will look at how narrative theory is useful as a pedagogical approach, a model for theological reflection, and a method for group facilitation. We will explore how the framework of narrative and social construction enhances interest generated learning that is technical, practical, and emancipatory (Mezirow's Transformational Learning Theory); learning in relation to thinking, feeling, and behaving (Corey and Corey's Group Process Theory); and theological reflection (Tillich and Liberation theorists). Relation, meaning, sanctification, and empowerment are considered in the development of this pastoral theology. (Vignettes are set in the clinical context of CPE in prisons).

DIRECTIONS TO THE NORTH CENTRAL REGION ANNUAL CONFERENCE

HELD AT CHULA VISTA SOUTHWEST STYLE THEME RESORT

4031 River Road
P. O. Box 30
Wisconsin Dells, WI 53965

Web site – <http://www.chulavistaresort.com>

Using I 90-94: Take I 90-94 to exit 87 at Wisconsin Dells. After you cross the Wisconsin River bridge, the first stop light is River Road. Turn left onto River Road. At the "y" in the road, stay left. Chula Vista is 3 miles north on River Road. The entrance is on the left.

From the east: Go to the intersections of Hwy's 116, 23, and 13. Go north on 13 for 3 miles. Turn left at the Rest Area on Golden Court. Then turn onto River Road. Chula Vista's main entrance is on the right.

Nominations Sought for NCR Leadership Positions

You are invited to consider a “*self-nomination*” to serve on a committee related to the North Central Region. There are openings on most of the committees for your participation and service to help make the NCR a dynamic resource for supervisors, students, seminaries, and clinical members.

Elections for the positions listed below will be held at our annual meeting. Please look them over and contact Ed Foster, Chair of the Nominating Committee, to nominate yourself or recommend another person. Ed will also be glad to answer any questions you may have. (If you would like to see a complete listing of committee members and when their terms expire, please see the NCR homepage and use the NCR leadership link in the left column to get you to the general leadership page. Then click the link to the leadership listing entitled “*Complete listing of 2006 NCR Leadership (pdf)*”.)

Contact Information:

The Rev. Edwin R. Foster, 2006 Nominating Committee Chair
Aurora Sinai Medical Center
945 N. 12th Street, Milwaukee, WI 53233

E-mail: edwin.foster@aurora.org Telephone: 414-219-6086

NCR Board

Treasurer (incumbent Laura Kelley (W) can be re-elected)

Member at Large (incumbent Allen Dundek (M) can be re-elected)

NCR Accreditation - 4 positions (3 incumbents, Linda Campbell (M), Rene Brandt (IL) and Marty Halvorson (MN) can be re-elected; Gerri Krautkramer (W) cannot)

NCR Certification - 4 positions (2 incumbents, BJ Larson (M) & Larry Shostrom (IA) can be re-elected; Edith Finsaadal (IL) & Barry Britton (IL) cannot)

Strategic Planning – no positions up for election

History & Research – 1 position (incumbent Mary Ann Weigel (M) can be re-elected)

Standards - 2 positions (incumbents Nan Aalborg (IA) & Dixie Potratz-Lehman (D) can be re-elected)

NCR REM - 2 positions (incumbents Agustin Orosa (W) & Joe Czolgosz (IL) cannot be re-elected)

Clinical Members - 1 position (incumbent Steve Melby can be re-elected)

National ACPE Positions:

Certification Commission - 1 position (incumbent Lyle Greiner can be re-elected)

Budget & Investment – 1 position (incumbent Clyde Burmeister can be re-elected)

Board of Reps - 1 position (incumbent Steve Pohlman can be re-elected)

Congratulations!

We celebrate the success of three of our members who were certified at REM in New York in February:



Jerry Kaelin
Associate Supervisor

Loyola University Medical Center



Amy Snedeker
Full Supervisor

Advocate Good Samaritan Hospital



Carlos Sanchez
Associate Supervisor

Advocate Illinois Masonic Medical Center

We also affirm the following who were granted Candidate Supervisor Status in January at certification committee appearances in Chicago and Minneapolis:

Stephen O'Brien, Advocate System
Digna Campanano, Alexian Brothers
Shawn Mai, Fairview

Brenda Jackson, Advocate Trinity Hospital and **Tania Hammer-Luken**, Minneapolis Veterans Affairs Medical Center were granted Candidacy extensions, while **Inbarasu Anantharaj** presented his theory papers orally and had them passed by the committee.

Summary of NCR Board Meeting, February 17, 2006

- Received year-end financial reports and took action to update signing authority on bank and investment accounts.
- Discussed sub-region continuing education funds and policies after a request was made by a center in one sub-region to have its units credited to another when determining the annual allocation, because that is where they participate. Formed a sub-committee consisting of Allen Dundek and JoAnn O'Reilly who were asked to consider what constitutes sub-regions for continuing education and what is the definition of continuing education for which funds are allocated. They are to bring a proposal to the spring board meeting for further discussion and review.
- Discussed the issue of grants and subsidies, student fee waivers, etc. Formed a sub-committee consisting of Randy Nelson and Laura Kelley to explore options and procedures for grants and subsidies as well as options for use of our reserve funds.
- Appointed Bob Green to fill the vacancy on the NCR accreditation committee created by Gayle Kennebrew's departure.
- Discussed the ACPE Strategic Planning Initiative document and provided feedback to ACPE through Randy Nelson, who is also a member of the ACPE Board of Reps.

News & Notes of the Region...

Prayer concerns...

Prayers for healing...

While in Hawaii for the ACPE Conference **Ed Foster's wife, Barb**, developed severe shoulder pain, which turned out to require corrective surgery to alleviate it. She had a disc removed and a vertebrae fused on December 26th. She is home and on an extended recovery schedule. She is hopeful she can ultimately return to her work as an OT with brain injured persons, but will be off work for 12 weeks to recover.

Phyllis Toback slipped and fell on her basement stairs and suffered fractures in both legs in December. Fortunately, she had recovered enough to attend REM in New York in February.

Corky DeBoer's nephew, Mathew, continues his fight for life after being severely injured in Iraq. We have been circulating regular email updates in the Region. Sadly, the last report prior to the printing of this newsletter was grave, indicating Mathew's condition seemed to be deteriorating.

Prayers for comfort in loss...

Marty Halvorson's mother, Bernice, died on December 22nd. Marty writes: "My two sisters were with her at the time of her death. The funeral was a time for the "kids" my two sisters and me, as well as the grand and great grandchildren to share a history of a grand woman. She was a teacher, a funeral director, but most of all she treasured being a mother. We will miss her and rejoice in her being with her creator."

Karin Derenne, a Candidate Supervisor with Lutheran Homes in Oshkosh, WI, also **lost her mother** just prior to Christmas. It was a sudden death that occurred while she was Christmas shopping, so it came as a real shock.

Barb Mahnke's mother, Vivian Bohne, passed away on Christmas morning. She had been living with Ron and Barb. Although she was in failing health, the death was unexpected.

Dee Brown-Daniel's father-in-law who had been living with her, David and the children since last April died in his sleep on Christmas morning. He had gone to be with David's brother for Christmas and they were unable to awaken him Christmas morning.

Melanie McRae's mother, Melba, died peacefully at Scott and Melanie's home on January 19th. She had been living with them for the last four years and had recently been hospitalized for heart problems.

And **Linda Campbell's father, Kenneth**, died on January 20th. He was a well know St. Paul chef and an outdoorsman.

John Thomas's youngest brother, Roger, died on January 21st at the Wisconsin Veterans Home in King, WI. His brother had been in and out of VA hospitals since World War II, and John was his primary care person since 1967. John wrote: "As his quality of life was rapidly decreasing, it is with a feeling of relief for me to say "good-bye" to him at this time."

David and Carol Solberg continue to grieve the loss of their **grandchildren, Andrew and Christina**. They write that "in our grief we have received love and support from many, many people—friends, family, colleagues, and even strangers. This love and support has been a real blessing to us." They sent a card to George Franke (former NCR Supervisor and editor of "The RSN News" that said: "**Tragedies in our lives can harden us or we can let them soften our hearts. Our most difficult, darkest moments are precisely the times to embrace the nurturing relationships that remind us of how precious and sacred life really is!**"

Transitions...

Karl Andersen retired from Iowa Methodist, Iowa Lutheran, and Blank Children's Hospital in Des Moines, IA on January 6th after working there for five years. He will be staying in the Des Moines area, where he will continue his involvement in the church, community, and CPE. He is looking forward to more time with his children and grandchildren. And he says he will write that book that he is always working on. His email address is jokal1235@aol.com and his mail address is 4809 Cedar Drive, West Des Moines, IA 50266-4954. Telephone is 515-440-1781.



Karl Andersen

Bob Green has been hired to replace Karl in Des Moines. He comes to us from the South Central Region, where he was a supervisor in the Midwest CPE program out of Baptist Medical Center in Kansas City MO. Bob is an Associate Supervisor who had been active on accreditation in the South Central region.



Beth Burbank

Beth Burbank and her family have returned to Chicago from the west coast. She has taken a position with Vitas Hospice and will create a new program in the Chicago area. Her contact information:

Beth Burbank, Director, Clinical Pastoral Education, VITAS: Innovative Hospice Care, Chicago Metropolitan Region, 700 N. Sacramento Blvd., Suite 201, Chicago, IL 60612

John Bollinger retired from MacNeal Hospital in Berwyn, IL on January 16, 2006 after providing 35 years of Pastoral Care and after supervising 1008 students in CPE. In retirement he will be acting as an adjunct professor at Northern Baptist Graduate School of Theology in Lombard, IL. John resides at 3931 Roslyn Road, Downers Grove, IL 60515-2321.



John Bollinger

Gale Kennebrew, Vice President, Mission and Spiritual Care at Advocate South Suburban Hospital, has accepted a new call to serve as Corporate Director of Spiritual Care and Clinical Pastoral Education at Methodist LeBonheur Healthcare in Memphis, Tennessee.



Gale Kennebrew

The Advocate press release notes: "Gale joined the Advocate family as a Clinical Pastoral Education (CPE) resident in 1986 and was employed as a staff chaplain at Advocate Trinity Hospital in 1989. She was promoted to Vice President, Mission and Spiritual Care at Advocate Bethany Hospital in 1994 and also served in that role at Advocate Good Samaritan Hospital prior to her current position at Advocate South Suburban Hospital. She received certification as a CPE Supervisor by the Association for Clinical Pastoral Education in 1994. Throughout her tenure, Gale has been deeply committed to the well-being of patients and associates and has embodied our MVP in all that she has done. Her last day of work at Advocate will be February 24, 2006."

Chuck Weinrich reports that he and Carol just updated their cell phone and got an additional one "so we each can be called!" He writes: "What excitement! At any rate, here are our phone numbers: HOME: 386-233-3826; Carol's cell phone: 386-562-0993; Chuck's cell phone: 386-562-0994."

Stephen O'Brien who just became a Candidate Supervisor in January reports that his wife, Karen, has accepted a position at a hospital in St. Petersburg, Florida, and that they will be leaving immediately so that she can begin her job the first of April. He has interviewed for some positions in hopes of continuing his process and is awaiting news.

Former NCR Supervisor, **Jim Corrigan**, who "defected" to Pacific Region a number of years back has retired from Sharp Healthcare in San Diego. He was at Rush in Chicago for 18 years before logging 10 plus years at Sharp. His address is 5443 Drover Drive, San Diego, CA 92115; Phone: 619-265-0892; e-mail: jpdrover@cox.net.

Address updates...

Arnie Enslin's address is 7217 Hayden Lake Road, Danbury, WI 54830; Phone: 715-656-7217; e-mail: arnenslin@hotmail.com.

Alice McLaughlin is at 202 E. Mumford Drive, Urbana, IL 61801.

Minnesota sub-region Women Supervisors Hold January Retreat...

Article submitted by Susan Allers Hatlie

The Midwinter Women CPE supervisor's retreat was held January 5-6 at the Franciscan Retreat Center in Prior Lake, MN. Mary Farrell Bednarowski, professor of religious studies at United Theological Seminary in New Brighton was our keynote speaker.

For our second year in a row we engaged with a speaker on the topic of "Women's Leadership." Drawing on her research from one of the books she has written, The Religious Imagination of American Women (Bloomington: Indiana University Press, 1999). Mary invited us to consider the themes she witnessed in the women's theological writing. For example she noted how several themes kept showing up such as theological vitality, ambivalence, immanence, relationality, and healing. She also noted the theme of the sacredness of the ordinary and the ordinariness of the sacred.

Together we discussed women's experience of leadership and specifically ministry. She noted how for women the central historical reality and most powerful influence is the insider/outsider experience women experience in religious communities.

She also provided us with questions to reflect on out of her own experience and that of other feminist or womanist theologians. She noted that Rita Nikoshima Brock's story that she had been "wounded by a tradition that sustained her." Speaking to the ambivalence towards her tradition Rita asked, "Is there anything left that renews me?" She noted many other women theologians, for example, Valerie Sabing at Union Seminary who is often quoted for saying "women experience religion differently than men". Another notable quote was from Judith Plaskow's dissertation on Women and Pride: "inhaling contradiction, women breath out ambivalence."

Mary also challenged us asking: Where, as CPE supervisors is our leadership going forward to? Are there matters that warrant attention? It was a productive time of reflection and challenge. But at the same time we attended to our bodies and lived further into our desires for self-care. Rev. Cheryl Powers Williams, the new staff chaplain at the Hennepin County Adult Correctional Facility provided chair massage for each of the persons in attendance.

For those wanting to reflect further Mary has also written another text: New Religions and the Theological Imagination in America (Bloomington: Indiana University Press, 1989).



Summary of RD Consultation, January 19-21-2006

The primary item of general interest that came out of the RD consultation was the announcement that ACPE hopes to institute on-line student-unit reporting by the autumn of 2006. A sample form was shared with the RD's, who made several recommendations regarding dates, time frame for entry, and composition of the form. (For example, only the ending date of the unit will be recorded and there will be no reference to a unit being "spring, summer, winter, or fall", which has always been somewhat confusing, particularly since the regions and national have not always been in agreement about which 3 month time frame constitutes each.) Use of this form will greatly simplify things for Centers and Supervisors, because they will input the data once for both national and the region. Information will go directly into the national ACPE database, rather than having to be input by office personnel a second time. Regions will receive monthly reports regarding the activity of Centers in their area. This will change the way we do business. No longer will Centers need to submit copies of unit reports or generate income vouchers to the Region. The Region will get the reports from ACPE and will invoice Centers for units reported. Late fees will only be incurred if invoices are not paid expediently.

Chicago Sub-region Holds Two Day Diversity Training Seminar

The Chicago sub-region held a two day Diversity Training event at the Hilton Garden Inn in Oakbrook Terrace, IL January 13 & 14. It was designed to equip Supervisors to help students meet ACPE Standards 309.4, 311.2, 311.7, and 312.2. Participants were provided with information, experience and training in how to facilitate diversity reflection circles in the classroom as an effective teaching method to foster multicultural learning. The leader was **Dr. LaVonne Cornell-Swanson**, an anthropologist from the University of WI, Eau Claire.



Dr. LaVonne Cornell-Swanson
University of Wisconsin, Eau Claire

LaVonne provided background about the diversity circles she uses with her students, as well as in other venues, after which she facilitated several experiential exercises. The most moving was the use of an inner circle and an outer circle (similar to the fishbowls we have used in the past) to allow people to reflect on past and current experiences of racism. Not only did the group learn new skills; they also developed a sense of renewed community through having shared and heard intimate details of their lived experience.

In addition to the experience itself, probably the most valuable part of the workshop was the wealth of resources to which the group was exposed. One of those resources is the Study Circle website: www.studycircles.org. Among other items found there is a free “Guide for Training Study Group Facilitators”, which has much of the didactic material that LaVonne shared with the group: (<http://www.studycircles.org/en/Resource.40.aspx>)

LaVonne recommended several books:

Timpson, W. M., et al., eds., *Teaching Diversity: Challenges and Complexities, Identities and Integrity*.
Madison, WI: Atwood Publishing, 2003.

Adams, Maurianne, et al., eds., *Teaching for Diversity and Social Justice: A Sourcebook*.
New York, NY: Routledge, 1997

She also recommended several films from StirFry Seminars, including “**The Color of Fear**”, “**Walking Each Other Home (The Color of Fear II)**”, and “**The Color of Fear III**”. They can be ordered in VHS or DVD format from StirFry’s website: <http://www.stirfryseminars.com/pages/coloroffear.htm>, where they cost \$110.00 each, plus \$5.00 shipping for individuals; more for organizations depending on size and status. The films are described as follows on the website:

“*The Color of Fear* is an insightful, groundbreaking film about the state of race relations in America as seen through the eyes of eight North American men of Asian, European, Latino and African descent. In a series of intelligent, emotional and dramatic confrontations the men reveal the pain and scars that racism has caused them. What emerges is a deeper sense of understanding and trust. This is the dialogue most of us fear, but hope will happen sometime in our lifetime. (running time: 90 minutes). *Walking Each Other Home* is a sequel to *The Color of Fear* is about the remaining 23 hours that occurred on that incredible three-day weekend in Ukiah, California. *The Color of Fear* was an intense emotional confrontation about racism, whereas *Walking Each Other Home* explores in greater depth the intimate relationship that the eight men had with each other. In this new sequel, the European American men have added opportunities to express how they felt when the men of color were angry, why they were afraid, and what they discovered about themselves and each other as men of European descent (running time: 55 minutes). *The Color of Fear III* is an intimate conversation on the issues of what it is to be gay in this society and the impact it has on their sense of safety and identity. Through their personal stories and interactions, we have a glimpse into the fears, the stereotypes, and moral issues that are dividing and confronting us today.”

The group was also referred to the Race Implicit Association Test website:
www.implicit.harvard.edu/implicit/demo/selectatest.html.



Minnesota Sub-region Invites Walter Bera for a Return Engagement

Topic for this Year's gathering was Narrative Therapy and Group Process

The Minnesota Sub-region gathered at HealthEast Woodwinds in Woodbury, MN on January 27th for their annual winter training event. The guest speaker again this year was Walter Bera of the Kenwood Therapy Center. Walter applied the essential principals of narrative therapy to group process, sharing how some of the techniques used in narrative therapy can be readily adapted to the CPE group context.



He provided a helpful summary handout to the participants that was a synopsis of material contained in Alice Morgan's book, *"What is Narrative Therapy: An easy to read introduction"* (Adelaide : Dulwich Centre Publications, c2000, ISBN # 0957792905).

The highlight of the day, however, was the experiential exercise in which a volunteer group of participants acted like a CPE group and one of them presented an oral verbatim around which Walter facilitated an "externalized conversation", which allows a person to separate from the problem. (A person is not depressed. They are a person struggling with depression.) Things that can be externalized include feelings, problems between people, cultural and social practices, metaphors, and bunched problems.

In addition to enabling the person to separate from the problem, externalizing conversations enable the person to discover that the problem no longer speaks to them of their identity or the "truth of who they are; opens space against the problem; allows the person to work co-operatively to revise their relationship with the problem; allows them to see their skills, abilities, interests, competencies, and commitments more clearly; reduces guilt, shame and blame while encouraging personal responsibility; and dis-empowers the effects of labeling, diagnosing and pathologising that are often experienced as impoverishing. It also creates resistance against disputes over who is to blame and makes co-operation and collaboration more possible, by locating the problem outside the identity of the person.

In the case of the exercise, there were really two externalizations, as the presenting supervisor was invited to externalize the student who had the problem (or with whom the supervisor shared the experience of the problem) as well as the student's problem under the assumption that we all internalize others when we engage in relationship. Meanwhile the other group members were invited to participate as "outsider witnesses" who carefully observed the conversation between Walter and the supervisor and then retold what they heard and shared what they were impacted by and why.

Walter pointed out that narrative therapy is a social constructionist therapy and that, as such it presents the following challenges to traditional therapy and research:

- As the observer cannot be separated from the observed, there is no such thing as objective social science research.
- The concept of the "self" is socially constructed rather than being an observable, stable entity.
- There is no universal standard of "normal development", as context plays a major role in how humans develop.
- Emotions are context determined rather than internal, stable states.
- There is no underlying meaning for communication, as what is defined as context is subjective.
- Therapists are not blessed with special insights into individuals and families, but rather are participants in constructing a reality with their clients.

He referenced the founders of narrative therapy, Michael White and David Epston, who hold that psychological knowledge and diagnosis often reproduce dominant cultural values that serve to marginalize the wisdom of those who are viewed as outsiders; and that we objectify and demean our clients by placing therapist knowledge above client knowledge, as well as close the door to new and possibly unique ways of viewing and solving client problems..

He suggested that as we engage our students our task is to ensure an atmosphere of curiosity, respect and transparency.

CREATIVE USE OF PROFESSIONAL ADVISORY GROUP

by Karl Andersen

These are tricky days in ministry-----changing budgets, changing values and changing priorities. Sometimes, Clinical Pastoral Education programs---and CPE Supervisors---can get caught in these changes, in spite of all the planning and prayer which has gone into the development of a CPE Program. For us to land on our feet and to make creative change, even creative education happen, we often need resources and friends to see us through the tough times when change might not be going our way.

One of the resources I have found most helpful is the Professional Advisory Group. To use an image and an analogy, the Professional Advisory Group can provide a perspective for better understanding the changes in front of a CPE Program, while the CPE Supervisor along with CPE Students may not see the change for its impact as well as its true meaning. Several stories of instances where Professional Advisory Groups “saved the day” do come to mind, but my favorite is the one where a Summer Student was presented to a committee and the committee to a person said, “No, absolutely not!!!” When asked to explain or detail their vote, no one of the committee members could spell out why their vote was so clearly negative. Later, the supervisor found that the candidate was an imposter, a chaplain who didn’t exist with the faith group or employer noted. I can only imagine the embarrassment of the Supervisor in discovering the charade he was involved in, as well as the potential disaster for his program that was avoided.

So here are some pointers on developing a committee which can truly support the CPE Program, develop its potential and envision its assets for the total mission of the institution sponsoring CPE.

- Consider how many persons are needed and what constituencies they would represent. Numbers of 5 to 15 seem workable as well as helpful.
- Consider the constituencies to be involved. For instance, a program in a medical setting will want medical as well as administrative input: persons to provide this input need to be carefully profiled and studies
- A grid of constituencies and talents may help in providing for an agile and competent committee. The grid might include prior experience with CPE, faith group standing, community visibility as well as personal traits: age, gender, character, etc.
- Activity on the committee will be important for development in the long run. A committee with regular meetings and active involvement with the program---entry review, participation in seminars, financial support, to name a few---will provide solid and tangible results for the CPE Program over time.

Note: ACPE 2005 Standards defines the Professional Advisory Group as follows:

Professional Advisory Group (profession consultation group, committee, etc.) – group of interdisciplinary professional resource persons used by the ACPE center at regular intervals over time to provide advice and consultation on center and program planning, development and program evaluation. Members of this group are qualified in their fields and knowledgeable about CPE.



The Iowa Supervisors met at the Hotel Pattee in Perry, IA February 17 & 18. Numerous spouses were also in attendance and good food and fellowship was enjoyed by all. The group had their first opportunity to meet Lyle Greiner’s new colleague, Bob Green (standing between Emilie Wolf and Larry Shostrom in the picture to the left), who has replaced the recently retired Karl Andersen. They also had a productive continuing education session as they cross-fertilized ideas about how to write student final evaluations. The shape and content of their respective evaluation formats turned out to be as varied as are their theories of supervision!

NCR Budget vs. Expense Information	BUDGET 2005	ACTUAL 2005	BUDGET 2006
INCOME			
Unit Fees	\$110,000	\$115,872	\$122,000
Certification Review Fees	1,800	1,200	1800
Accreditation Review Fees	2,400	2,475	3000
Revenue Sharing-A.C.P.E.	900	1,050	900
Investment Income	10,000	2,739	11000
Miscellaneous Income			0
Center Fees (20%)	11,000	12,110	11000
Registration For Regional Meeting	7,500	9,592	8500
Reimbursed Expenses		1628	
TOTAL INCOME	\$143,600	\$146,666	\$158,200
EXPENSES			
COMMITTEES:			
Nomination	500	309	500
Certification	5,000	2,449	5000
Accreditation	7,000	6,820	7000
Standards	1,500	1,115	1500
Strategic Planning	1,500	674	1500
History and Research Committee	1,500	995	1500
Research Awards and Grants	6,000	6,000	3500
Annual Conference	300	541	300
Professional Ethics	500	0	500
Hearings	1,000	0	1000
Budget and Investment			
Clinical Member Services	1,500	1,382	1500
NCR REM Network	2,000	1,303	2000
TOTAL COMMITTEE EXPENSES	\$28,300	\$21,588	\$25,800
ANNUAL CONFERENCE:	19,000	20,651	20000
Program	2,000	2,716	3000
TOTAL CONFERENCE EXPENSE	\$21,000	\$23,367	\$23,000
ADMINISTRATION:			
Salaries	49,505	49,505	50990
Benefits	17,600	17,958	18128
Regional director's Cont. Ed.	1,000	1,674	1000
Regional Director's Expenses	6,500	7,530	7500
Office Expense	7,000	7,256	7000
Accounting and Audit	1,500	1,550	1700
Office Rent			
Board's Expenses	4,800	5,254	4000
Scholarship			
Taxes and Miscellaneous	300	29	500
Hospitality Expense			
Consultation and Travel	500	1,300	500
Liability Insurance		1,611	
TOTAL ADMIN. EXPENSE	\$88,705	\$93,667	\$91,318
CAPITAL EQUIPMENT & MAINT.	\$500	\$480	\$500
CONTINUING EDUCATION	\$15,000	\$13,163	\$15,000
Expenses to Be Reimbursed		\$1,706	
Allocated Grants	\$20,000	\$18,800	3000
TOTAL EXPENSES	\$173,505	\$172,770	\$158,618
NET SURPLUS (DEFICIT)	(\$29,905)	(\$26,104)	(\$418)

REM 2006
February 2-4, New York, NY
*Engaging Our Stories Through Streams of Race,
Ethnicity & Culture*

NCR had good representation at the 19th REM Invitational in New York in early February. The conference opened with an interfaith prayer luncheon and a plenary presentation by Dr. James H. Cone, and included several rounds of interesting workshops. The group had opportunity to share a meal and to worship at the famous Riverside Church, with the Senior Minister, Dr. James A. Forbes, Jr. preaching. There were formal and informal tours of New York City offered. A highlight of the event was the annual banquet at which Dr. Ada Maria Isasi-Diaz, Professor of Ethics and Theology at Drew University spoke.

Dr. Isasi-Diaz is an activist-theologian who has worked to develop a theology from the perspective of Latinas in the USA in dialogue with women-centered theologies and liberation theologies that have emerged all around the world. She articulates well the interconnections of sexism, ethnic prejudice-racism, and economic oppression-classism and the centrality of solidarity with the poor and the oppressed in the struggle for justice.



Mary and JoAnn at the famous Riverside Church.

ACPE

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Dates to Remember:	
May 10-14, 2006	ACPE Leadership Meetings Atlanta, GA
May 21-23, 2006	NCR Annual Meeting Chula Vista Resort, Wisconsin Dells
November 15-18, 2006	ACPE Annual Conference Grand Hyatt Tampa Bay, Tampa Bay, FL