

ACPE News

of the North Central Region

PO Box 1832
Burnsville, MN 55337-1832
612-270-3313
Fax: 952-431-1423
E-Mail: ncracpe@ncracpe.org
Web Address: www.ncracpe.org
Gary Sartain, Regional Director

Volume XXXX, Number Four

Winter '07-'08

All Members of the NCR:

Please attend to any of the following that pertain to you by clicking the appropriate links on the main page of the NCR website: www.ncracpe.org.

(All the pertinent links can be found directly below the logo on the main page.)

Financial Survey:

The NCR Board circulated a financial survey at the business meeting in Dallas regarding member preferences around the future generation of income and handling of expenditures by the Region. That survey is now available on line so that all members of the Region have opportunity for input. The survey will be open until March 1. When you click the "NCR Financial Survey" link on the main page of the NCR website, you will be sent to a page on surveymonkey.com that will ask you for a password. The password is the full name of the founder of ACPE, first and last name capitalized with a space between the first and last name: A**** B*****

Vision Statement:

Now that the NCR has a Mission Statement and a list of our core values, we need a snappy Vision Statement. The Strategic Planning Committee is inviting NCR members to submit suggestions. **The person whose statement is chosen will win a massage at Chula Vista during the 2008 NCR Annual Meeting!** For more information and to submit your statement, go to the NCR website and click the "NCR Vision Statement Survey" link on the main page. After being provided the background information you need, you will again be sent to a page on surveymonkey.com that will ask you for a password. The password is the same as it was for the financial survey above.

Peer Review:

According to our regional guidelines each NCR Supervisor is required to convene a peer review within four years of initial certification as an ACPE Supervisor and every four years thereafter. If you are due, please go to the main page of the NCR website and click on the "NCR Peer Review Procedures" link which will provide you the information and forms that you will need. There is also contact information there for Regional Vice-Chair, Roger Ring, who can advise whether you are due, overdue, or in compliance, if you don't know.

Student Unit Reports / Center - Regional Office Interface:

All student units should now be reported on-line through the ACPE website: www.acpe.edu. When a report is submitted to ACPE, an email is generated advising the Region. An invoice is then created and sent to you for payment. For more detail, check the link "NCR — Center Interface Procedures" on the NCR website.

Center Annual Report to the NCR regarding Student-Units completed in the 2007 calendar year:

All Centers are asked to complete a report by the end of January documenting the number of student units completed by them in the previous calendar year so that we can reconcile our records, and so that we can determine the sub-regional continuing education dollar allocations for 2008. To do so, please go to the NCR website, click on the link “Center Annual Report to NCR re. Student-Units completed”, and complete the form that comes up.

NCR Leadership Positions:

The listing of 2008 Officers and Committee Members as elected at our 2007 business meetings is posted on the NCR website under the “NCR Leadership” tab in the far left column on the main page. If you are interested in serving in any of the positions or would like to recommend someone else, please note that we will be holding elections at our spring Annual Meeting for all positions where the term ends in 2008. Let the member of the nominating committee from your sub-region know of your interest or recommendation. They are: Dakotas: Dan Leininger; Illinois: Alice McLaughlin (Chair); Iowa: George Paterson; Minnesota: Nancy Osborne; Wisconsin: Geri Krautkramer. (While many of the incumbents will be eligible to run for re-election, any person has a right to run against them.)

RD Ramblings...

As I pull things together for this newsletter, I am reminded more than ever of the trust in the words of the writer of Ecclesiastes: “There is an appointed time for everything. And there is a time for every event under heaven. A time to give birth, and a time to die; A time to plant, and a time to uproot what is planted...” In the period since our last regular edition of NCR News, much as happened—things to celebrate; changes to note; tough times to share; and goodbyes to say. There are also some exciting things on the horizon!

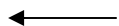
Celebration

- Above all we celebrate our two new SIT's, **Sadie Ellen Brandt Mysen** and **Hannah Grace Lybeck-Smoak**! They were both born around Thanksgiving to their SIT mothers, Rene' and Meg. We are granting them honorary credit for an extended unit of supervisory CPE because they “hung in there” with their Mom's with the Chicago SIT group for nine months—well, almost in one case. Sadie's parents are Rene Brandt and Andrea Mysen. Hannah's are Meg and Sean Lybeck-Smoak.

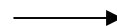
Sadie's first month was tough with medivacs, hospitals, and open heart surgery, but we rejoice in the fact that this tenacious little one with such a strong will to live is home and doing well, thanks to skilled medical people and lots of spiritual support!



Andrea,
Sadie,
& Rene



Meg,
Hannah,
& Sean



- We celebrate the marriage on October 13th 2007 of two of our Chicago area NCR Supervisors:

Mark Luvern Tabbut
(Rush University Medical Center)

&

Robert Petite
(The Church Home at Montgomery Place)



They were married in Toronto, Ontario, and there was a wine and cheese reception in their honor in Chicago on January 12th.

- We welcome three new active Supervisors:



Virginia Lane

Joins Larry Shostrom at
**University of Iowa
Hospitals & Clinics**



Osofo Atta

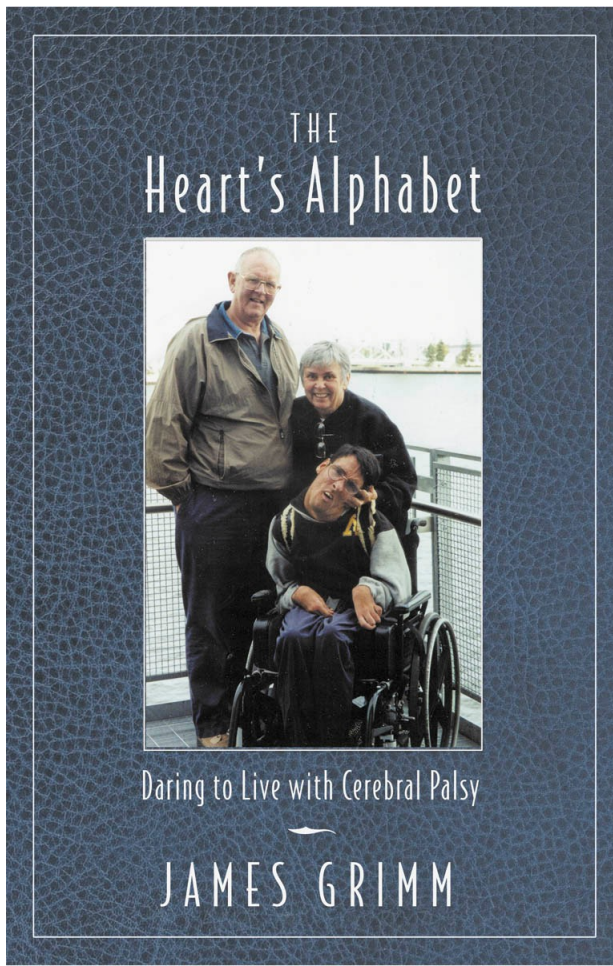
Director of
Clinical Pastoral Education
Advocate Healthcare System



Carlos Sanchez

Returns to the Chicago area to continue the program at
**Evanston Northwestern Healthcare/
Evanston Hospital**

- And we welcome CPE Supervisor, **Janet Lutz**, who has retired into the Region in the Evanston, Illinois area; and Clinical Member, **Gerald Wyche**, Ingalls Hospital, Harvey, Illinois.
- We celebrate the installation of retired CPE Supervisor, **Jan de Jong** as **President-Rector of Sacred Heart School of Theology** (Hales Corners, Wisconsin) on January 30th.
- We celebrate with **Jim Grimm**, the 40 year-old son of retired CPE Supervisor, **Gordon Grimm**, who has written and published his story of living with the severely isolating lifelong disability of cerebral palsy. The book was painstakingly spelled out, letter by letter, with the assistance of an interpreter, since Jim is unable to communicate verbally or move of his own volition. It is a tale of personal perseverance, a tribute to a loving family, and—most of all—a testament to the possibilities that lie within each of us. I haven't finished reading the book yet; but, from what I have read, I can highly recommend it as a resource for CPE students. The book is available from major bookstores and through Amazon, but purchasing it through Itasca Books provides the most financial benefit to Jim. His brother has set up a website for him—www.theheartsalphabet.com—which has a link to Itasca books, where it can be purchased for \$12.95.



**Jim Grimm with his parents,
Gordie & Esther**

An excerpt from the book:

“I have a good relationship with both my parents. I am probably a bit closer to my Mom. If it wasn’t for her, I don’t think I would be here, because she stayed with me at the hospital more than anyone else after my Sand Lake incident. It made me feel secure. Her background as a nurse had obviously been very beneficial. She is a caring, smart, and incredibly patient person. However, she is also strong and tenacious. I am so thankful to have had her support over the years as I have confronted countless challenges to living a normal life.

My Dad is wise, and I go to him for advice on many things. Not too long ago, I was seriously depressed and wanted to die. I just didn’t want to live any more. I was sick of my damn trach. It limits my life so much. I talked to Dad and my counselor Paul about my depression. Dad’s response was “you have a right to be depressed.” I am so glad he acknowledged and affirmed my feelings, rather than dismiss them, as other people might. He helped me get medical assistance to counteract the depression.

My dad has a wonderful sense of humor and is a great person. Sometimes though, because he is so intelligent, he has a hard time admitting he is wrong. It is easier to let things go than to try to defend an argument with him. You would be sitting there a long time! This has become a standing joke in our family.”

Jim lives with help in his own home in New Hope, Minnesota, having had a successful laryngectomy in 2006, which freed him from the detested and limiting trach.

Changes to Note:

- **Ron and Barb Mahnke** have moved to their new St. Cloud location: 6359 Westwood Parkway, St. Cloud, MN 56303. Phone number and email address remain the same.
- **Michelle Oberwise-Lacock** has left Advocate now that Osofo Atta has been hired for the position for which she was serving as interim and has been doing contract work with Rush. Her email is mickiol@aol.com and her cell is 630-336-2317.
- **Janet Lutz’s** address is 807 Davis Street # 1711, Evanston, IL, 60201. Her phone is 847-328-6562. Email is janetatl@aol.com.
- **Gerald Whyche’s** address is Ingalls Hospital, One Ingalls Drive, Harvey, IL, 60426. His phone is 708-915-5781 and email is gwhyche@ingalls.org.
- **Bryn Carlson’s** email address is now bcarls@charter.net. (Bryn is the ELCA Churchwide Consultant for Ministry in Chaplaincy, Pastoral Counseling and Clinical Education. His address is 8351 Fairway Drive, Covington, GA 30014.
- **Romi Manching** has left Resurrection Healthcare and, it is our understanding, will ultimately be returning to the Phillipines. His interim address is P.O. Box 480743, Niles IL 60714, e-mail: rmanching@yahoo.com

- Over the past several years The Greater Minneapolis Council of Churches, Good Samaritan Society, and Fairview Health Services have combined their efforts to develop a CPE program in corrections by assisting GMCC's **Susan Allers Hatlie** to become certified as a CPE Supervisor and to accredit a CPE program in the Hennepin County Correctional System, where GMCC had a contract to provide chaplaincy services. Wheatridge Foundation had provided a \$50,000.00 grant to assist in the endeavor as well. Just as work was progressing to move GMCC from satellite to accredited Center, a new person became the Commissioner of Corrections in Hennepin County who immediately made the decision to drop the contract for professional chaplaincy that the county had had with GMCC for many years. He plans to replace the professional chaplains with a volunteer-based spiritual care program. The program as previously constituted came to an end on December 31st. Susan has been working hard to try to continue the program from outside the correction facility walls, and is working with Catholic Charities, Luther Seminary, and Immanuel-St. Joseph's Hospital in Mankato, Minnesota, to try to put a program together that will allow GMCC to continue to employ her.



Susan Allers-Hatlie; CPE student in juvenile corrections from United Theological Seminary, Vicki Johanneck; and Mark A. Eustis, President and CEO, Fairview Health Services at the concluding commencement ceremony

Tough Times

- For retired Supervisor **Oz and Jean Anderson**, whose new home at the Anderson family complex on Hut Point on the north shore of Lake Superior burned to the ground in mid-December, just prior to them completing their move up there from their summer home in Eau Claire, WI. (They winter in Arizona.) No cause has been determined.
- For retired Supervisor **George Franke**, who had robotic surgery to remove a cancerous prostate in October. (Biopsy results show the CA was contained in the prostate.)
- For retired Supervisor **Bob Alexander**, who continues to experience a health decline and is now living on the Alzheimer Unit at the Holstein Good Samaritan Community, 505 W. 2nds. Street, Holstein, IA 51025.
- For retired Supervisor **Charlie Goldsmith**, whose limited eyesight is precluding his participation in many of the things he previously enjoyed.
- For retired Supervisor **Don Schmauz**, who has ALS. John Thomas advises that he is being cared for at home, 5570 Woodward, Waunakee, WI 53597, but that he is on a respirator, so cannot talk. He does appreciate cards and messages. His phone is 608-849-7794.
- For retired Supervisor **Wilbur Hughey**, who has been struggling with gout, which has caused difficulty in walking and has sapped his strength.
- For former NCR Supervisor **Jay Turner** and his family. Jay wrote and asked me to convey to you that his mother died on October 17th, a death that was anticipated but came sooner than expected.

Please keep all of these people in your thoughts and your prayers.

Goodbyes

The NCR and ACPE have lost two colleagues and friends in the past few months, **Richard Tetzloff** and **Eugene Leffingwell**. Dick Tetzloff was well known to Lutheran CPE Supervisors as the long-time Lutheran Church Missouri Synod point person for specialized ministries. He hosted many a Lutheran breakfast at ACPE Annual Meetings. And Gene was a beloved CPE Supervisor colleague who was with the Aurora System in Milwaukee and was a recent recipient of our regional Distinguished Service Award.

Gene's Service of Remembrance and Celebration was held the evening of December 11, 2007. Despite the fact there was inclement weather, there was a strong NCR representation of Milwaukee area Supervisors in attendance, along with former Supervisors-in-Training **Patrick Clay-Joyner** and **Janis Blean-Kachigan**. **Harvey Berg** led the service and gave the homily. Also participating were Gene's former students, CPE Supervisor's **JoJo Orosa** and **Sue Ott-Holland**.

I was present and asked to speak on behalf of the Region. I shared the following story (author unknown), because I found it reflective of Gene as a person and CPE Supervisor. I share it with you because I think it serves as a reminder to all of us of what it means to use self creatively and fully in supervision and ministry:

A water bearer in India had two large pots, each hung on each end of a pole which he carried across his neck. One of the pots had a crack in it, and while the other pot was perfect and always delivered a full portion of water at the end of the long walk from the stream to the master's house, the cracked pot arrived only half full. For a full two years this went on daily with the bearer delivering only one and a half pots full of water in his master's house.

Of course, the perfect pot was proud of its accomplishments, perfect to the end for which it was made. But the poor cracked pot was ashamed of its own imperfection, and miserable that it was able to accomplish only half of what it had been made to do.

After two years of what it perceived to be a bitter failure, it spoke to the water bearer one day by the stream. "I am ashamed of myself, and I want to apologize to you."

"Why?" asked the bearer. "What are you ashamed of?" "I have been able, for these past two years, to deliver only half my load because this crack in my side causes water to leak out all the way back to your master's house. Because of my flaws, you have to do all of this work, and you don't get full value from your efforts.," the pot said.

The water bearer felt sorry for the old cracked pot, and in his compassion he said, "As we return to the master's house, I want you to notice the beautiful flowers along the path." Indeed, as they went up the hill, the old cracked pot took notice of the sun warming the beautiful wild flowers on the side of the path, and this cheered it some. But at the end of the trail, it still felt bad because it had leaked out half its load, and so again it apologized to the bearer for its failure.

The bearer said to the pot, "Did you notice that there were flowers only on your side of your path, but no on the other pot's side? That's because I have always known about your flaw, and I took advantage of it. I planted flower seeds on your side of the path, and every day while we walk back from the stream, you've watered them. For two years I have been able to pick these beautiful flowers to decorate my master's table. Without you being just the way you are, he would not have this beauty to grace his house."

Each of us, (whether Supervisor, Chaplain, or student) have our own unique flaws. We're all cracked pots. But if we will allow it, God will use our flaws to grace His table. In God's great economy, nothing goes to waste. So let's not be afraid of our flaws. Acknowledge them, and allow Him to take advantage of them, and we, too, can be the cause of beauty in His pathway. In our weakness we find His strength.

Gene knew and lived this in ways that blessed us, his family, and his students. He was a humble leader whose absence will be keenly felt.

MINUTES:
ASSOCIATION FOR CLINICAL PASTORAL EDUCATION
NORTH CENTRAL REGION

BUSINESS MEETING – Dallas, Texas
October 26, 2007

Opening: Vice-Chair, Roger Ring, led the meeting in the absence of chair Joann O'Reilly who is continuing to recover from major surgery. He opened the meeting with prayer from Thomas Merton at 10:30 a.m.

A quorum of members (10% of membership) was established.

Roger welcomed new members present into the region: Janet Lutz, Gerald Weiss, Jean Hale, Susan Thornton, Gary Wilkerson, and Diane Maloney.

Approval of Agenda with Nominations being placed after approval of Minutes.

Approval of May, 2007 Business Meeting: approved with correction in Edith Finsaadal's name on page 2.

Nominations: Diane Grieve. Committee Report from Chair, Alice McLaughlin, included in distributed materials. Needing votes (all nominees have agreed in advance)

Adm. Board: unexpired term of Bill Delong -- nominee Steve Corum

Accreditation: unexpired term of Marty Halvorson – nominee Jim Winjum

Unexpired term of Karl Anderson –nominee Virginia Lane

History and Research – unexpired term of Steve Corum –nominee Dan Leininger

Standards --- nominate David Rumbold for chair and rep to Standards Comm.ACPE (a correction in records)

Clinical member vacancy ---- no nominee

Nominations from Floor: Michelle Oberwise-LaCock for Accreditation

Membership decided to vote for two out of the three nominees (Jim W., Virginia L, and Michelle O-L) for accreditation and not by each unexpired term.

Result of secret balloting: Jim Winjum and Virginia Lane.

Acclamation vote of uncontested positions: Steve Corum, Dan Leininger, David R.

Clinical Member representative still needed

Treasurer Report: Beth Burbank

2008 Budget: Moved, Seconded, Passed as presented and distributed.

Audit 2007: Gary and Beth explained about the materials sent via FedEx not arriving in the box to auditors.

Also, there are no legal ramifications to audit report received since ACPE is the only organization that requires Regional audit and they are not worried. Gary and Beth have been on top of this with the auditors. There is no danger of member identity theft either...no information of such was included in the package.

Gary and Beth were thanked by the members for all their work on our behalf.

Chair/Board Report: Roger Ring

Peer Reviews: affirmed the good work of peer reviews thus far in and reminded members to do their peer reviews. Upon request from the floor Roger said he could write up for the next NCR Newsletter some reflections on the themes he has heard coming forth in the peer reviews.

Thanksgiving: Roger thanked by name those who had served the region and whose terms were ending. The membership also expressed their appreciation.

Regional Director Survey: Roger reported that the membership's satisfaction and positive responses to Gary's leadership as R.D. Responsive, organized, and planner were key words used in describing our experience of Gary. Folks wanted to see Gary more face-to-face and encouraged his assertiveness in representing us at National ACPE. Roger reported Deryck Durston's response that Gary is probably more assertive at the present time with ACPE than most R.D.'s membership showed great appreciation for Gary and all the work he does.

See full report as distributed at meeting

At the request of the members Roger will send a **Note of support and good health to Joann O'Reilly.**

Requests for National Board of Representatives: The NCR Board sent two letters of request to the ACPE Bd. of Repres. requesting 1) change of regional identification in Directory –included David Middleton's proposal as well – our proposal to change to "Northern Illinois" and 2) that Bd. of Repres. rethink ACPE budget expenses that get shifted to regional expenses without consultation with regions.

Results: both considered by Bd. of Repres. and spoken for by our representatives. --- identification has been forwarded to Accreditation Commission because of possible implications for accreditation; advance National budget now available for our discussion at this meeting-prior to Annual ACPE Member Mtg.

Survey for member input on options for increasing income, decreasing expenditures: The NCR Board seeks input from the members to assist in administrative decisions regarding increase income and decrease expenditures. Members are asked to complete the distributed survey of options and return to Treasurer Beth Burbank, Bd. member Randy Nelson, or RD Gary Sartain. The survey will be on the NCR web page for all members to complete. PLEASE DO SO...thanks.

Regional Director Report:

Expressed gratitude for members' response and encouragement

George Franke had prostate cancer surgery on Oct. 15 – request for prayer

Jay Turner's mother passed on Oct. 17th

Gene Leffingwell going to oncologist to determine next set of choices given cancer in the liver

Dick Tetzloff passed last week

VITAS book excellent promotional piece with Beth Burbank's great picture from her car!!!

NCR Board approved distribution of Supervisory Summit newsletter edition to all ACPE --- been available here at conference and people taking them

Gary attended the Planned Giving Workshop by ACPE--- a very fine workshop

Membership approved by hand "vote" to suggest this workshop be part of the regional meeting agenda in May, 2008. Gary will pass this information along to the planning committee.

Unit Reports now accessible online from ACPE who will send directly to Regional office...Gary will then send out invoices. LATE FEES still hold.

Pilot Project with APC on Ethics Issues is going forward

One issue keeps recurring around ethics: written supervisory evaluations for students not being done within the time frame!!!

Reflection on SES Training: we seem to be more along lines of conference speakers on “flattening” the power and the process much better.

Board of Representatives: Edith Finsaadal

Full report to be sent for Newsletter. Highlights outlined

Bd. rejected the certification task force proposal – things seem to be working

Accreditation Site Visit Chairs to receive more training for their position

Approved a ACPE History Task Force –as proposed by NCR History & Research

2 out of 3 ACPE Endowment Grants awarded to NCR: 1) Avera Health for project in Cameron 2) Urban CPE Consortium, Inc.

Voted approval of \$6,000.00 for 9 Clinical Members to inaugurate a Clinical Member Council

Standards: David Rumbold

Educational Standards now in operation and review

Threshold Standard from DOE is that 75% of students over a 10 year period must have received credit

CQI is being “beefed up.”

Certification: Michelle Oberwise-LaCock for Peter Strening

At this meeting 21 met committees, 18 passed. We extend our encouragement and support to Molly Ward to keep on keeping on toward certification!!!

Strategic Planning: Peter Holland distributed the ACPE vision statement and a challenge to win a massage at Chula Vista by choosing the vision statement for the NCR. This challenge will also be posted on the web site. Ya’ll be creative!!!

History and Research: Steve Corum

Avera Health received the H & R grant for this year

Proposals now being accepted for the \$3000.00 2008 grant money.

2008 (May 18-20) NCR Annual Conference: In the absence of chair, Dean Hokel, Gary S. reported that Doug Wood is both our plenary speaker and entertainer for the May meeting.

Reports available in writing, not reported verbally: Accreditation, Professional Ethics, Standards, Clinical Members (need a representative). Reminder: REM meeting dates this year are in APRIL

Meeting adjourned at 12:00 noon.

Submitted by Barbara Sheehan, SP, Secretary
October 29, 2007

All reports that were shared or circulated at the October business meeting by the various committee chairs or national representatives can be found attached to the copy of the minutes posted on the NCR website. Click the “Minutes & Reports” tab in the left column of the main page.

Due to space limitations, only the following are included in this newsletter:

- Accreditation Report
- Board of Reps Report
- Regional Director Survey results

Report to the NCR ACPE regarding Accreditation Submitted by Rev. Ellen M. Swinford, NCR Accreditation Chair

The ACPE Accreditation Commission met October 20-24, 2007. We took action on:

- Thirty-five Five Year Accreditation Reviews,
- Eight Ten Year Accreditation Reviews,
- one request for accredited membership by a satellite,
- two requests for candidacy for accredited membership,
- two requests for addition of component sites,
- three requests for addition of Supervisory CPE,
- six requests for removal of notations,
- twelve requests for additions of satellites,
- six requests for withdrawal of accreditation,
- sixteen requests for postponement of scheduled accreditation review,
- ten requests for program changes requiring commission action
- three Called Reviews

For a total of one hundred and four (104) decisions regarding center accreditation. Of those, four centers received notations and one received a commendation.

With respect to the requests sent forward from our own region this fall, I am happy to report to you that all centers were granted their accreditation requests without notation:

- **St. Cloud Hospital CPE Center** is now a Candidate Center for Accredited Membership to provide programs of CPE (Level I/Level II) and Supervisory CPE,
- **Aurora Sinai Medical Center** was granted continuing accredited membership to provide programs of CPE (Level I/Level II), as well as a name change,
- **Avera Health ACPE System Center** was granted continuing accredited membership to provide programs of CPE (Level I/Level II) and Supervisory CPE,
- **Lutheran Homes of Oshkosh** was granted continuing accredited membership to provide programs of CPE (Level I/Level II) and Supervisory CPE,
- **Rush University Medical Center** was granted continuing accredited membership to provide programs of CPE (Level I/Level II) and Supervisory CPE,
- **VA Midwest Health Care Network** was granted continuing accredited membership to provide programs of CPE (Level I/Level II) and Supervisory CPE,
- **Genesis Medical Center** was granted continuing accredited membership to provide programs of CPE (Level I/Level II),
- **Rush University Medical Center** was also granted the addition of a **satellite program at Riverside Medical Center in Kankakee, IL,**
- **Elmhurst Memorial Hospital** was granted the addition of a **satellite program at Adventist Midwest Health Care in LaGrange, IL**
- **Aurora St. Luke's Medical Center, Loyola University Health System and Wheaton Franciscan Services** were each granted their accreditation postponement requests.

Congratulations, everyone, and well done!

Concerns about Compliance in our Region

There were also two situations of concern in our region that had been referred to me this summer for inquiry about non-compliance with certain Standards. Because these situations came to my attention, they were addressed within the region

in a timely and efficacious manner that enabled me to report a process of return to compliance with which the Commission was satisfied. Holding ourselves and each other accountable, utilizing our regional accreditation committee if necessary, in order to remediate compliance issues before they become entrenched in a center's culture or a colleague's practice is in everyone's best interest. Situations leading to notations, Called Reviews, and adverse accreditation actions are no joy to anyone, diminish our organizational reputation and always involve putting students in jeopardy.

Extending Supervisory CPE Accreditation via Satellite Contract Center to Center

At this meeting the Accreditation Commission also discussed the idea of allowing centers with accreditation to provide Supervisory CPE to extend that dimension of their accreditation to other centers, as a possible way to resolve some persistent concerns about Supervisory CPE students winding up in situations without adequate supervisory and administrative support. In the end, this innovation was determined not to be in our best interest. This does have implications for one project in the works in our region, which had gotten an initial go-ahead, and Commission Chair Karrie Oertli and I will be addressing that and offering our assistance to enable the project to continue within the parameters currently available in our accreditation repertoire.

Maintaining Files of Closed Centers

Another concern we addressed involves what happens with the center and student files when institutions withdraw from accredited membership or have their centers close as a result of adverse action. The Commission believes that these files are the property of ACPE rather than of the institution that hosted the program and are of a confidential nature for which ACPE is responsible. Therefore, the Commission is asking us to consider what our options might be at the regional level to receive and hold the files of such centers.

Limiting Center Expansion During Called Review

In an effort to support the maintenance of proper focus of energy and attention at centers under Called Review, the Commission also established a policy that centers under Called Review are restricted from developing and adding satellite programs, component sites, placement sites and new programming.

Minimum Expectations for the Curriculum Dimension of Programs

We had some discussion of what, minimally, accreditation teams and reviewers need to see with respect to curriculum, given the wide variation from center to center. The Commission affirmed that Standard 308.6 and its sub-points is our baseline: an instructional plan that employs a process model of education and clinical method of learning, including use of individualized students' goals, core curriculum appropriate to the CPE setting, geared toward meeting objectives and assisting students to address the competencies of their level or type of program, a clearly written syllabus, and program evaluation.

Accreditation Manual and Accreditation Policy & Procedure Manual Revision

In anticipation of 2010, the Accreditation Commission has two task forces at work to review and revise the Accreditation Manual and the Manual used by the Accreditation Commission to manage its work. We are looking for ways to simplify and clarify our processes. Among the issues high on our list of concerns as we move forward is the lack of consistency around accreditation assessment of Student Handbooks due to differences between Accreditation Manual Appendix 11 and Appendix 19. Appendix 19 is troublesome also because base-line expectations and clarification of issues in terms of assessment criteria are intermingled with examples of best practice. As a result, site teams and other accreditation personnel can sometimes lose sight of our mandate to check for inadequate compliance and become involved pushing for quality. If you have suggestions, questions or concerns about the Accreditation Manual, or want to have input to the 2010 edition, address those to me.

Respectfully Submitted,
Ellen Swinford, NCR Accreditation Chair

**ACPE NATIONAL BOARD OF REPRESENTATIVES
REPORT FROM THE NORTH CENTRAL REGION REPRESENTATIVES:**

Edith Finsaadal and Barry Britton

The Board of Representatives of the ACPE met October 21-22 in Dallas, Texas. Both of our regional representatives were present. Significant issues the Board addressed were as follows:

- A major focus of the Board's activity was on the establishment of a new foundation for the ACPE. The foundation will raise and distribute funding to support the ACPE and its programs. The foundation will be called the FCPE. It will be administratively separate from the ACPE, in order to protect our funding from any lawsuits that might be brought against the ACPE. Its Board of Directors would be separate from those of the ACPE. However, a majority of those Directors would be chosen by the ACPE Board. The Board voted to establish this new foundation, thus creating the FCPE. It elected six representatives to make up the interim; incorporating board of the FCPE. Those persons selected were either Board members or financial advisors, who have helped us in the formation and creation of this foundation. Their immediate task is fund raising to get the foundation started. The first goal is to raise 10 million dollars in the first three years. *The ACPE and FCE leadership stressed the importance of broad membership participation and that small gifts are appreciated.*
- The Board addressed a proposal for sweeping changes in the Certification process. The vote was decisively to reject such changes at this time. Recent statistics indicate that candidates have recently been successful in getting through the process and in meeting committees. Therefore, the Board rejected proposed changes as unnecessary.
- The Accreditation Commission was again seeking to improve the accreditation process. They sought and received funding to create a group of trained site team leaders, who would be paid a stipend for their work. The goal in this is to simplify and improve consistency in the overall accreditation process.
- **The Board heard and received the concern from the Board of our North Central Region.** *The NCR Board had voiced the request that the Board of Reps reconsider its recent practice of shifting expenses traditionally covered or usually assumed by the national organization to the regions without consultation with the regions. The request was acknowledged. Teresa Snorton especially pointed out the issue of timing as a concern in these cases.*
- **The Board sought to address an issue raised by a supervisor in our region regarding communication confusion in the ACPE Directory.** Currently the South Central region includes "Southern Illinois" in its description. The North Central Region includes "Northern Illinois" in its description. Central Illinois is not included in either of these, which is confusing to students looking for sites in central Illinois. Another complicating factor is that one CPE site, *Christian Homes Incorporated*, includes two satellites in each region. Two of these satellites are in central Illinois. One of those is listed as a South Central Region site. The other is listed as a North Central Region site. A sub-committee of the Board proposed a solution, which would have called for a change in the ACPE Directory. ("Central Illinois" would have been added to the description of both regions, and *Christian Homes Incorporated* would have been listed in both regions.) The Board voted to refer the proposal to the Accreditation Commission. *According to Teresa, the rule is that the accreditation commission handles all center changes in the ACPE directory, and that the ACPE board cannot make exception to this.*
- **The board discussed the need for closer attention to keeping our organizational history and passed our NCR motion to establish a task force on history to be composed of one representative from each region and to meet by telephone conference calls. It was acknowledged that the task force may develop into a permanent committee.**
- The board accepted a new Jewish network and an international affiliate of ACPE, the Cameroon Baptist Convention Health Board.
- **Out of the three endowment grants that the board decided to give, the two main grants went to our region; Cameroon CPE as proposed by Peter Holland and Steve Corum and Urban CPE Consortium as requested by Barbara Sheehan.**
- A work group of the board looked at the ACPE membership categories and benefits. As a result of the group's work the board passed a motion that it will fund nine clinical representatives to attend the 2008 annual conference as the Clinical Advisory Committee. The work group identified the issues that clinical members may be underutilized in our organization and in creative and needed curriculum development, and that it is time for CPE supervisors and clinical members to work together more closely.

BACKGROUND

At the May 2007 meeting, it was announced that a job performance/evaluation survey would be conducted electronically of our Regional Director Gary Sartain. In early September, the entire region received an email with the survey. On September 18 it was sent a second time. On September 24, it was given at the North Central Regional Convocation at Chula Vista. In total, there were 32 respondents (3 clinical members, 3 retired supervisors) to this survey, for the following five questions:

Please comment on your perception of the Regional Director's effectiveness on his job.

The universal feedback is that Gary is experienced as being very effective at his job. People cite his efficiency, his prompt responsiveness to their concerns, and that he serves as a great resource. Very positive mentions include the following: the newsletter, email communication and connectedness, the web page. People appreciate that Gary is very well organized, effective in planning and organizing, and serves as a resource to people and to regional committees, with out overstepping his bounds and attempting to do their work for them. The overall summary is that people are very pleased with Gary's work.

Are there any new/different actions the Regional Director could implement to increase his effectiveness?

Several supervisors mentioned they wished Gary could be more proactive when there are conflicts and concerns within centers, or with centers that close. Several supervisors mentioned they would enjoy it if he could visit their site face-to-face, and see their institution.

Are there ways the Regional Director can be of more direct support to you or your program?

Here people are very satisfied with the ways that Gary has supported them. He is cited as being generous with his time, energy, consultation, and personal and pastoral support of people in need. Very positively, he has attended sub-regional meetings, and this is extremely important to see Gary at these. One clinical member hopes he can help them with an accurate list of the current clinical members.

Any direct suggestions as to how the Regional Director can augment the Regional Strategic Planning Process?

Here feedback general themes include lessen our bureaucracy to maintain autonomy. One supervisor talked about setting clearer timelines for direct expectation of results; help hold committees accountable to timelines. Another supervisor mentioned more about planning on our web page for all the clinical members and supervisors who do not attend a meeting to have access to know what is coming up with strategic planning.

What are your hopes and expectations as to our NCR Regional Director's level of activity in National ACPE activities and strategic process?

At a national level, there again was a universal point of feedback for Gary: maintain a very active voice, presence, and assertion at the national table. It really is a hope of respondents that Gary has an intimate involvement in the national concerns and then communicates his understandings and awarenesses back to the region. One supervisor hoped that Gary could report on the best practices of what is working with other regions he is aware of, and communicate these to us. Another supervisor hopes that Gary maintains the appreciation of the rural nature of the North Central Region, as numerous centers are far from major cities and seminaries. Another respondent affirms to keep creative, and keep the national bureaucracy down and individual and regional creativity high.

NCR Finances '07 & '08:

BUDGET ACTUAL BUDGET
2007 2007 2008

INCOME

Unit Fees	\$122,000	\$124,185	\$115,500
Certification Review Fees	3,000	2400	3,000
Accreditation Review Fees	3,080	3430	3,080
Investment Income	12,000	18,583	11,000
Miscellaneous Income	0	109	
Center Fees (20%)	12,500	14,266	13,000
Registration For Regional Meeting	10,000	8,412	10,000
Reimbursed Expenses		460	
TOTAL INCOME	\$162,580	\$171,845	\$155,580

EXPENSES

COMMITTEES:

Nomination	400	382	250
Certification	6,000	4384	6,000
Accreditation	7,000	6048	7,000
Standards	1,200	1249	1,200
Strategic Planning	750	687	750
History and Research Committee	1,800	1885	1,500
Research Awards and Grants	3,000	3000	3,000
Annual Conference	400	431	400
Professional Ethics	1,500	363	
Clinical Member Services	1,500	989	750
NCR REM Network	2,000	1,853	3,000
TOTAL COMMITTEE EXPENSES	\$25,550	\$21,271	\$23,850

ANNUAL CONFERENCE EXPENSE \$28,000 \$25,659 \$28,000

ADMINISTRATION:

Salaries	52519	52,519	54095
Benefits	20010	19,594	20935
Regional Director's Continuing Ed.	1000	916	1000
Regional Director's Expenses	7500	7,876	8000
Office Expense	7000	6,564	7500
Accounting and Audit	1700	1750	1700
Board's Expenses	4000	2013	4000
Miscellaneous	500	33	500
Annual ACPE RD Consultation	1500	1285	1500
Liability Insurance	1700	866	1700
ACPE Governance Recovery fee	2000	2,663	1500

TOTAL ADMINISTRATION EXPENSE \$99,429 \$96,079 \$102,430

CAPITAL EQUIPMENT 500 500

CONTINUING EDUCATION 15000 9167 15000

Expenses to Be Reimbursed		298	
Allocated Grants			
Rural CPE Initiative	3000	1,500	3000
Supervisory Education Initiative	25,000	15,761	

TOTAL EXPENSES \$196,479 \$169,735 \$172,780

NET SURPLUS (DEFICIT) (\$33,899) \$2,110 (\$17,200)

Mini-Summit on Supervisory Education

At our business meeting in Dallas in October, **Michelle Oberwise-Lacock** encouraged the Region to consider following up on our Summit on Supervisory Education by working with an Adult Education Consultant around the objectives and outcomes for supervisory education. The consensus was that it was an idea worth pursuing, but that it should be done in conjunction with the larger ACPE community. This has happened, and a two day mini-summit will take place in Kansas City in February, attended by at least two Supervisors from each Region and some representatives of the ACPE Certification Commission and the ACPE Task Force of Supervisory Education.

The purpose of the gathering will be to review the objectives and outcomes of Supervisory CPE through the lens of Adult learning theory and then apply that to supervisory curriculum, assessment and evaluation of outcomes, and the certification process. The consultant will be Dr. Jane Fishbank,



Michelle Oberwise-Lacock

an educator with a specialty in Adult Education at Kansas State University. The intent is to bring together the work of the national task force with the grass roots efforts. The results of our conversations will be made available to the ACPE community.

ACPE itself is contributing to the cost, and each Region has been asked to contribute approximately \$1800.00 and name two people to send to the gathering, expenses paid. Our Board met by conference call and agree to contribute \$3600.00 to the joint effort out of funds remaining from the \$25,000.00 we had budgeted for last year's Summit. They understood that the expenses of two people attending from our Region would be covered out of those funds.

They also decided that we would send four or five additional people who would provide representation from our Board and our Certification, Standards, Accreditation, and REM committees. As this newsletter goes to press, the exact number and the specific persons is still being worked out.

Our congratulations to **Peter Holland, Steve Corum and Godlove Ndongndeh (Avera Health, Sioux Falls)**, who, in attempting to establish an ACPE affiliate in Cameroon, Africa, designed a research study that was approved for funding by the History & Research Committee of the NCR at their September, 2007 meeting. Their research question is stated as follows: "What critical elements will produce a contextualized CPE program at Mbingo Baptist Hospital, Cameroon?"

They might have had some serious competition for their \$3000.00 award if the following submission had made it to the committee on time:



RESEARCH ABSTRACT

PILOT STUDY: USE OF SUPERVISOR RECREATION AS A STRESS REDUCTION METHODOLOGY AND SPIRITUAL ENHANCEMENT.

RESEARCHERS: Rev. Larry Shostrom, PhD. and Rev. Lyle Greiner STM.

The purpose of this study was to determine the effects of stress reduction practices of late middle-aged ACPE certified supervisors working in level 3 trauma hospitals. A review of the literature produced numerous articles of stress reduction techniques, various population groups, mainly supporting positive outcomes. No studies were found that focused specifically on this population using aimless activity in the form of navigating moderately high-powered motor propelled two wheel open-air vehicles as the method for stress reduction.

This is a unique study in that while many persons use this method of de-stressing our review of literature revealed no previous attempts to scientifically study it. In literature review, Rev. Dr. Shostrom has researched and memorized most motorcycle magazines written in the last three years and has done extensive review on the internet. (See fuller report for the bibliography) Rev. Greiner tried to read "Zen and the Art of Motorcycling" but found the big words, made his lips tired. However, he is very knowledgeable of folklore and anecdotal evidence as to this method of stress reduction.

RESEARCH DESIGN: Have CPE Supervisors to take a two-day motorcycle trip with no destination, while subjecting themselves to the elements of nature. Subjects will regularly monitor their internal state using a likert scale with one being "I can't wait to get back to work", to ten being, "I'm so happy I could just s****". Subjects were required to keep a mental log at various times to be the basis of reflection post experiment; at the completion of the study the researchers will interview the subjects to see if the study objectives have been met. An unusual feature of this study was that the time honored early method of self-experimentation was utilized.

All participant-, were thereby duly informed of the potential risks and benefits of the research. All readily gave verbal informed consent.

RESEARCH POPULATION: Late middle-aged male CPE supervisors from the North Central Region, ACPE with reasonable skill navigating moderately high-powered motor propelled two wheel open-air vehicles. Research Subjects were recruited at the hospitality lounge at NCR meetings and meetings of the

Sub regional Iowa continuing education meetings. Criteria for selection were 1) service in a large level 3 trauma hospital, frequent conversations indicating a desire to escape, interest in malt cereal beverages, and married. As indicated in the above section, the researchers and the subjects are an identical set. This is a pilot study, so the number recruited (2) was evaluated as sufficient to provide indications of the value for further study. 100% of the subjects completed the study.

DATA: The subjects took off for a two day ride from Des Moines Iowa, developing the route as they went and with an end point of Iowa City. First stop was at a local restaurant for breakfast (no chain establishments were visited during the study). Back roads that appeared as if they might be scenic and curving were the preferred routes. Steps were also made at motorcycle shops, civil war battlegrounds, and places for ice cream. Time in a hot tub was spent to evaluate the first day of the experience. One subject was observed to be euphoric and whooping and hollering when leaning into sharp corners. A total of 640 miles was traveled during the study.

ADVERSE EVENTS: By late afternoon of the first day after riding aimlessly without a map in rural Missouri the two subjects experienced physical distress of dehydration and gluteus tiredness; anxiety that focused on "where will we sleep?", and mental disorientation. In spite of the distress, the Spiritual Axis remained remarkably positive. The disorientation and dehydration was such that the subjects, in the spirit of aimlessness, without thought entered the first establishment (and only, due to the miniscule locale) that came into their view: Jim Bob's Bar and Grill. The dehydration and physical distress was cautiously treated with a commercially available pain killer. Maps and directions were supplied by locals. It was discovered that we were within 27 miles of a town big enough to have a motel. The treatment was effective, and should be included as a part of the research design in replication studies.

CONCLUSION AND DISCUSSION: 100% of the subjects reported significant temporary stress reduction. Energy levels and creativity greatly increased. Ability to establish relationships was enhanced. Interestingly, a simultaneous inquiry of the subjects' spouses showed they experienced a parallel relief of stress that lasted until the subjects giddily returned home. It appears as if aimlessness, gratification of sensate hedonistic desires, and moments of sheer terror are effective treatments for the stress induced by intentionality, drivenness, use of mechanical logic machines and ACPE Standards.

RECOMMENDATIONS: The Researchers feel this study, while not statistically significant, provides sufficient indications of value for us to encourage other CPE Supervisors to repeat and report the results, using their own preferred method of stress reduction.

Prior to the commencement of the study this human research study was not vetted by an independent IRB. This may have been lapse of ethics it should be noted, yet subjects willingly gave their consent. In order to publish the results it was retroactively reviewed. Although the risk of death and disability was seen as high, the benefits of spiritual well being caused this to be seen as acceptable in the cost benefit ratio. A possible limitation is that the experience could be addictive and especially for male subjects they might permanently regress to a life of sloth, aimlessness, and poor hygiene.

Respectfully submitted,

Rev. Lyle Greiner

Rev. Larry Shostrom

To my dear colleagues,

Happy New Year, with the hope of that 2008 will be a time of peace, health, safety, good work and blessing for you and for those you love.

With the beginning of the new year I end my term as chairperson for certification for the North Central Region. I want to take this opportunity to express my gratitude to you for the collegiality and support that you have demonstrated over the past three years. Not to mention the amount of time and energy you have contributed, and the degree of commitment that all have demonstrated to assisting others in the process of living out their calling to become a CPE Supervisor. Thanks to you, now and always.

It has been my privilege to have been in a position to provide leadership for our committee. I have most valued working side by side with each of you in certification sub-committees. I have learned something with each committee experience. While sitting in a committee always stirs up the trepidation I experienced in my own certification process, the transformation (and at times, healing) that occurs has encouraged me beyond my fears. I am able to “trust the process” with more conviction than ever. I attribute this to being with all of you. I have come to trust that the whole is greater than the sum of the parts, and that the wisdom of my colleagues will carry the process when I feel inadequate or lost. I am proud to be counted among you, and you have helped me to become a better CPE supervisor and colleague to the candidates, as well as to my own students. Thank you again.

I am also grateful to all those who have courageously made their committee appearances. It has been tremendously satisfying to witness the growth of those coming through the process. Each committee appearance re-affirms to me the importance of our work, both in certification and in supervision. By serving on certification I have a deeper appreciation of how the members of the committees that I met (God help them) contributed to my growth and formation. It isn't so easy sitting on this side; the fact that others have served me (even when I couldn't recognize it) inspires me to stand by those going through the process.

I am aware that we have had a number of very challenging and at times painful encounters with our colleagues in the certification process over the past three years. I believe we have tried to act with integrity and charity, keeping the best interests of those we serve in mind. I am proud to be one of you and to have acted in harmony with the values of ACPE, which are so important to all of us. To be able to wrestle with and to speak the truth, both with you and with my colleagues on the national certification commission, has been the most satisfying professional endeavor in which I have been involved.

After the North Central Convocation last September, Bill DeLong and I spent an extended period of time together talking about the work of the certification committee in the NCR, in order to make the transition to his leadership as productive as possible. I shared with Bill what I had learned from my experience of the past three years, as well as identifying how in the future the certification committee might best serve the region in our work. Bill and I had what I thought to be a very productive time together. As you all know, Bill is a creative, energetic and motivated supervisor, and a person who I think is especially gifted in leadership. I am excited about having him guide us in our work. I am looking forward to continuing to work with Bill, and I exhort all of us to show him the same support that I have been so blessed to receive over these past years. Bill and I have been in regular dialogue over the past several months, and I believe that the transition of leadership has been and will be a smooth one.

I also want to add a note of special thanks to Gary Sartain, and to Deryck Durston and Ted Trout-Landen. Each of them has been unfailing with their wisdom and availability. They have all been mentors for me, and I have tried to channel their gracious support through me to all of you. And to the NCR Board for their support, financial and otherwise. And finally to Michelle Oberwise-Lacock, for the many times she has kept me on track, and who has always been willing to go the extra mile.

I am pleased that I will remain a member of the NCR certification committee for another three years (barring impeachment), and I look forward to our continuing relationships.

This is very long-winded for me, but these words come from the heart and I want to be sure you receive them. I recall the introduction of Paul's letter to the Philippians, and my feeling of being “thankful for the partnership” with you in our very important work. You have blessed me far beyond these words.

Peace and all good things to you in the coming year,

Peter Strening



Association for Clinical Pastoral Education, Inc.
 North Central Region
 PO Box 1832
 Burnsville, MN 55337-1832

NON-PROFIT ORG.
 U.S. Postage
 PAID
 Permit No. 697
 Sioux Falls, SD

Table of Contents:	
News & Tasks for All NCR Members	Pages 1-2
RD Ramblings	Pages 2-6
Minutes of Fall NCR Business Meeting	Pages 7-9
Accreditation Report & Information	Pages 10-11
ACPE Board of Reps Report	Page 12
NCR RD Survey results	Page 13
NCR 2007 Financials with 2008 Budget	Page 14
Supervisory Education Initiative	Page 14
NCR Research Grant News & Proposals	Pages 15-16
Note from Peter Strening	Page 17

Dates to Remember:	
January 11-12	Iowa Continuing Ed
January 24-25	Wisconsin Continuing Ed
January 25	Minnesota Continuing Ed
February 1	NCR Certification—Chicago
February 8	NCR Certification—Mpls
March 28	Dakota’s Continuing Ed
March 30—Apr 3	ACPE Spring Leadership Mtgs
April 3-5	National REM Conference
May 18-20	NCR Annual Meeting
October 18-22	ACPE Fall Leadership Mtgs
October 22-25	ACPE Annual Meeting
Feb 1-4, 2009	Spiritual Care Summit ‘09 (replaces ACPE Annual Mtg)

**Plan to attend the 2008 REM Annual Conference:
 “Chaos or Community: Where Do We Go From Here...”
 Holiday Inn—University Hotel, Memphis TN April 2-5**
 Regional & National Scholarships may be available for students
 Contact Regional REM Chair, Brenda Jackson for information
 (773) 967-5775 e-mail: brenda.jackson@advocatehealth.com