

ACPE NEWS

of the North Central Region

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Gary Sartain, Regional Director

Volume XLIV, Number Two

August, 2011

Table of Contents

Page 2	Tentative Annual Conference Schedule
Page 3	Annual Conference Plenary Speaker
Page 4	Banquet Meal Choices / Travel Reimbursement Rates
Pages 5 & 6	Annual Conference Registration Form
Pages 7—11	News & Notes of the Region
Page 7	Movements
Pages 8-10	Obituaries
Pages 10-11	Honors, News & Thanks

Dates to Remember

September 17-19, 2011	Minnesota continuing ed—Anderson complex, Grand Marais, MN
October 8-9, 2011	NCR Certification—Wisconsin Dells, WI
October 9-11, 2011	NCR Annual Meeting, Wisconsin Dells, WI
November 2-6, 2011	ACPE Fall Leadership Mtgs, Atlanta, GA
February 4-7, 2011	ACPE Spring Leadership Mtgs, Washington, DC
February 8-11, 2011	ACPE 2012 Annual Meeting, Washington, DC (Joint Mtg with REM on REM's 25th Anniversary)

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**ACPE North Central Region Annual Meeting
October 9 - 11, 2011
Chula Vista Resort – Wisconsin Dells, WI**

Understanding and Celebrating the Family at the Table: Exploring Relational Systems

Tentative Conference Schedule

Sunday, October 9, 2011

4:00 – 4:30 pm Opening Worship
4:30 – 5:30 pm Business Meeting I
5:30 – 6:30 pm Hospitality
5:30 – 7:30 pm Buffet Dinner
7:30 – 9:00 pm Mary Wilkins Lecture by Sheryl Lyndes Stowman

Monday, October 10, 2011

7:00 – 8:15 am Breakfast Buffet
8:15 – 8:30 am Worship
8:30 – 10:00 am Plenary Session I - Rich Joens: Internal Family Systems
10:00 - 10:15 am Break
10:15 - 11:30 am Plenary Session II - Rich Joens: IFS (experiential session)
11:30 – 12:30 pm Business Meeting II
12:30 – 1:30 pm Lunch Buffet
1:30 – 5:30 pm Workshops / Information Meetings / Recreation

1:30 – 3:30 *Teaching Research in CPE Residency Programs*
George Fitchett & Patricia Murphy from Rush Medical Center
Bill DeLong & Molly Ward from Advocate BroMenn

1:30 - 2:45 *Preparing the Chaplain for Leadership: Education for Future
Healthcare Ministry*
Nancy Wigdahl from HealthEast

3:30 – 5:30 Committee Information Meetings as called by Chairs

5:30 – 7:00 pm Hospitality
7:00 – 9:00 pm Banquet & Distinguished Service Awards

Tuesday, October 12, 2010

7:00 – 8:15 am Breakfast Buffet
8:15 – 9:00 am Closing Worship/Memorial Service
9:00 – 10:30 am? Business Meeting III

Plenary Sessions:

“The Bridges (to integration) of Madison County”

“Understanding and Celebrating the Family at the Table: Exploring Relational systems”

Richard L. Joens, LISW, MSW

Rich Joens is a former Missouri Synod Lutheran, Pentecostal, Church of Christ, Campus Crusade, InterVarsity, Disciple of Christ, Presbyterian who spends much of his time listening to CD's of Pema Chodron and who currently does more drumming and crystal bowl sounding than folded hands praying. He graduated from the University of Iowa in 1992 with a Master's of Social Work degree, got his license in 1994 and went into private practice in 1997. Previous to getting his MSW, he was a crime victim advocate with Polk County Victim Services in Des Moines for 11 years. During that time he became an expert on Posttraumatic Stress Disorder and adult survivors of childhood abuse. He is certified in Eye Movement Desensitization and Reprocessing (EMDR) and is a strong advocate of the Internal Family Systems approach developed by Dick Schwartz. Because he lives in Iowa, he is married to his partner, Scott after “living with him in sin for 20 years”. They share their lives with many animals and birds on an old, run down farm in Madison County, Iowa.



Rich shown with his three dogs, Sherlock, Elsie & Teagen

In his first session with us Rich will describe Internal Family Systems and share how he applies it in his practice, using vignettes from his own story and those of his clients which demonstrate “the spiritual experience” he has had over time using Internal Family Systems to prevent burnout and facilitate healing. He assures us his presentation will be personal and practical rather than “of an academic lecture nature”.

In his second session Rich will engage the whole group in experiential exercises and work with several volunteers to demonstrate how he utilizes IFS in his work and how he believes it can be incorporated into ours.

Banquet Meal Choices:

- Sliced Sirloin Bordelaise : sliced roast baron of beef layered with a Smooth Mushroom Au Jus and served with Oven Browned Potatoes
- Wild Mushroom Chicken Marsala : boneless chicken breast sautéed in olive oil wild mushrooms and deglazed with sweet Italian Marsala wine served with spatzle dumplings
- Creamy Pesto Tortellini: our famous creamy pesto made with heavy cream and mushrooms, tossed with freshly poached tortellini.
- Chicken strips for kids

All dinners include: house salad with mixed greens and romaine and choice of dressings, vegetable of the day, freshly baked dinner rolls with butter, and coffee, decaf coffee, hot tea, iced tea or milk

Dessert – choice of Pistachio Nut Torte or French Silk Chocolate Pie

Travel Reimbursement for Supervisors, Seminary Reps, Faith Group Reps, Clinical Members and Supervisory Education Students:

- Zone 1 \$30.00 – La Crosse, Rockford, Wausau, Madison, Metro Milwaukee, Oshkosh
- Zone 2 \$50.00 - Metro Chicago, Davenport, Iowa City, Rochester, Metro Twin Cities,
Eau Claire, Green Bay
- Zone 3 \$80.00 - Urbana, Des Moines, St. Cloud, Duluth
- Zone 4 \$80.00 plus 25 cents per mile travelled in excess of 700 miles round trip -
Sioux City, Cherokee, Sioux Falls, Fargo, Grand Forks

Registrants with family members or guests staying in their room need to fill out both Section 4 and Section 5.

(Be sure to fill out the appropriate column in Section 5 for each person including yourself as “Registrant”.)

All other Registrants can skip Section 4 and go directly to Section 5. Fill in only the “Registrant” column.

4. If family members or friends will attend the conference with you and share your room, please list their name(s) here. Write the ages of children after their names. Then go to section 5. and check off all items needed by each person, including yourself.

a. _____ b. _____

c. _____ d. _____

5.		Person	Person	Person	Person	Meal Costs
	Registrant	a.	b.	c.	d.	Adult / Child 2-5; 6-11
Lodging Friday Night, October 07 (\$89.00) (Cost covered personally or by NCR Committee budget)						
Lodging Saturday Night, October 08 (\$89.00) (Cost covered personally or by NCR Committee budget)						
Sunday Supper Buffet						21.99 / 4.99 / 9.99
Lodging Sunday Night, October 09						
Monday Breakfast						12.99 / 3.99 / 6.99
Monday Lunch						14.99 / 3.99 / 7.99
Monday Evening Banquet (choose 1 of the following)						
• Sliced Sirloin Bordelaise						21.00
• Chicken Marsala						21.00
• Creamy Pesto Tortellini						21.00
• Kid’s Meal (Chicken Fingers & Fries)						8.99
Lodging Monday Night, October 10						
Tuesday Breakfast						12.99 / 3.99 / 6.99

It is important that you check off only the particular items in Section 5 that you will be using, as the Region does not want to pay for rooms that are not inhabited or meals that are not going to be eaten. Guests & Family Members must pre-register for banquet meals. They now have the choice whether to pre-register for the other meals or purchase them at their discretion on site for the same price.

6. Mail or fax this registration to the Regional Office:

If you do not receive email confirmation or an invoice within a reasonable time after your submission, please contact the Regional office.

**North Central Region-ACPE
PO Box 1832
Burnsville, MN 55337**

Fax: 952-431-1423

If you need to cancel or change any part of this registration, please do so through the Regional Director:

612-270-3313 or ncracpe@ncracpe.org

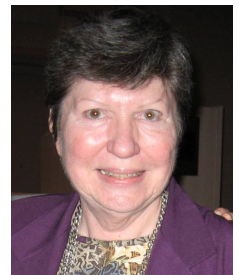
Do not attempt to do it directly through the hotel.

Please also contact the Regional office if you have questions or needs that go beyond the parameters of this registration form such as additional nights; cribs or cots in your room, handicap rooms, etc.

News & Notes of the Region....

Movement

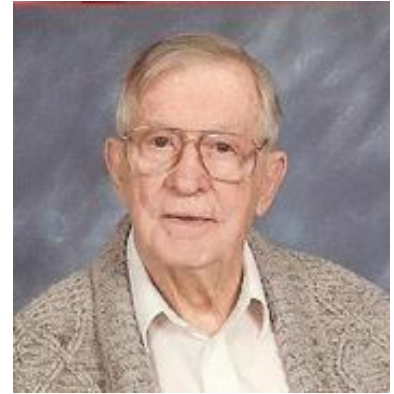
- **Nancy Wigdahl** is leaving **HealthEast** to join Roger Ring at Mayo in Rochester.
- **Larry Shostrom** has left the **University of Iowa Hospitals and Clinics** and will be developing a new program at **Trinity** in the Quad Cities in October.
- **Virginia Lane** (right) is retiring from the **University of Iowa** back to Canada.
- **Jan McCabe** has left **Aurora** in Milwaukee to be the supervisor at the newly accredited Center **Adventist LaGrange** in the Chicago area.
- **Michelle Oberwise-Lacock** will be joining the permanent staff at **Aurora** in Milwaukee after working there as a contract supervisor for the last while.
- **Ted Asfaw's** brief tenure at **Fairview** in the Twin Cities has ended, as he found it necessary to return to the east coast for family reasons. He has taken a position in New York City that will accommodate an automobile/train commute rather than flying.
- **MacNeal Hospital** in the Chicago area has found it necessary to close its program for financial reasons, meaning **Alfred Merwald** has lost his position. **Carle Foundation Hospital** in Urbana, IL has also decided to rescind its accreditation for the same reason. They were vacant and inactive for a number of years after Jim Winjum moved to Grand Forks.
- “With considerable mixed feelings” **Mary Wilkins** (right) has now made the move from the Chicago area to the Ashby Ponds Retirement Community in Virginia in order to be near family. She writes “I leave the North Central Region deeply grateful for all of the people who have supported, guided, and challenged me over the last forty years. Hope to see you when the ACPE Conference comes to Washington, D.C. next year. Take care!” (Mary’s contact information is available from the regional office on request.)



Deaths

The Region has said goodbye to three of our elders since the last publication of NCR News: **Bob Alexander (IA) Harley Meyer (WI) & John Bollinger (IL)**. Between them they supervised approximately 1700 students! Your RD was able to represent you at each of their memorial services. In each instance there was also significant representation from NCR Supervisors from the respective areas.

Rev. Robert C. Alexander
(August 25, 1919 - April 20, 2011)



Rev. Robert C. Alexander, 91, of Cherokee, Iowa passed away Wednesday morning, April 20, 2011 at the Good Samaritan Society Care Center in Holstein, IA.

Memorial services were held Wednesday, April 27, 2011 at 10:30 a.m. at the Memorial Presbyterian Church in Cherokee. Rev. Ethan Saylor & Father Gene Sitzmann officiated. Burial was in Oak Hill Cemetery.. Tuesday evening at the funeral home. Military rites will be held at the graveside by L.A. Wescott Post # 2253 of the V.F.W. Online condolences may be left at www.boothbyfuneral.com. The family requests that memorials be made to the Ecumenical Institute.

Bob was born on August 25, 1919 in Chinook, Montana to Robert & Sydney Alexander. Bob's father was a Presbyterian Minister who came to America from County Donegal, Ireland and his mother was a Wisconsin teacher. Bob had four brothers who were, by order of birth, twin brother Sidney Phillip, John Calvin, David Gordon and Bruce Basil.

Bob graduated high school in Redwood Falls, Minnesota. He enlisted in the United States Army Air Force during World War II and achieved the rank of Private First Class. He married Myrtle A. "Lorry" Adams in 1950. Bob and Lorry adopted their daughter Victoria "Vicky" Michele Alexander in February 1955. Bob was ordained a Christian Minister at McCormick Theological Seminary, Chicago, Illinois in June 1951. He served as Chaplain at Central State Hospital, Indianapolis, Indiana 1956-1957, and as Chaplain-Educator at Cherokee Mental Health Institute, Cherokee, Iowa 1968-1986 and 1988-2000.

He founded the Clinical Pastoral Education program at CMHI, and worked with his friend and colleague Father Gene Sitzmann to develop the Ecumenical Institute based at CMHI in order to further the education of clergy and lay people beyond the hospital setting in the larger community of Northwest Iowa. During his years in Cherokee, Bob participated in the Cherokee Ministerial Association, served when needed as Minister in the Memorial Presbyterian Church in Cherokee, visited members of the congregation in area nursing homes, and established many long-lasting friendships.

He wrote and published (2001) *Taking Break - Time For Me*, a delightful book of inspirational essays in which Bob reflected about ordinary life experiences in a thought provoking manner. Bob loved to read and would often be seen in a local coffee shop quietly reading a book and sipping his coffee. He always welcomed a visitor to his table to sit down and talk for awhile. He enjoyed the hobby of metal detecting with the wand metal detector, and was quite happy when he found a metal object inches beneath the ground. Whenever possible, Bob took a vacation and traveled the required distance to visit his daughter or other members of his family, all of whom were very important to him. Bob completed fifty years membership in the Masonic Lodge.

Bob suffered a stroke January 24, 2004. He entered Careage Hills Care Center in Cherokee on February 13, 2004 and resided there until he moved to Good Samaritan Society in Holstein on October 27, 2007.



Rev. Harley E. Meyer
March 9, 1960 – June 28, 2011

Rev. Harley E. Meyer passed away peacefully Tuesday, June 28, 2011. Preceded in death by his parents, Martin and Lorraine Meyer and grandchildren, Ramona and Paul Meyer. Loving husband of Kathryn Elaine (formerly Herwig). Father of David (Ceci) Meyer, Martin (Louise) Meyer, Amy (Mark) Ostrowski and Sarah Herwig. Cherished grandfather of Nathan, Jade and Asia Meyer; Andrew and Eric Meyer; Emily, Anna and Claire Ostrowski; and Kathryn Herwig. Great-grandfather of Parker Wegman-Meyer. Brother of Jean (the late Walter) Bucholtz.

A Memorial Gathering was held at Redeemer U.C.C. in Menomonee Falls Wisconsin on Friday July 8th. It is requested that any Memorials be directed to Hephatha Lutheran Church Wellness Ministry, 1720 W. Locust St., Milwaukee, WI 53206; Redeemer U.C.C. or Congregation of the Great Spirit, 1050 W. Lapham Blvd. Milwaukee, WI 53204.

Rev. Harley E. Meyer's career was spent serving God and His people, first as a parish minister and then as a chaplain. Although his personal life and professional life were filled with lots of searching and change, his love for and faith in God were a constant source of comfort and strength throughout his life.

After serving an internship at Concordia Lutheran Church in Cincinnati, Ohio, Harley graduated in 1954 from Concordia Seminary in St. Louis, Missouri. His first pastoral call was to serve two churches located in Owensville and Belle, Missouri. He and his family then moved back to his hometown of Milwaukee, Wisconsin, where he served as Assistant Pastor at Mount Olive Lutheran Church from 1956 to 1960.

His next call was probably his most challenging, and rewarding, assignment as a parish minister — starting a mission congregation in the rapidly growing area of Old Bridge, New Jersey. During his nine years as Pastor of the Lutheran Church of the Good Shepherd, he built a large congregation by going door-to-door and personally inviting people to attend the newly-formed church. Under his leadership, the congregation purchased farm land and constructed a beautiful new church building on it.

In 1969, Harley and his family once again returned to Milwaukee, Wisconsin when he accepted a call to become Senior Pastor at St. Peter Lutheran Church on the city's northwest side.

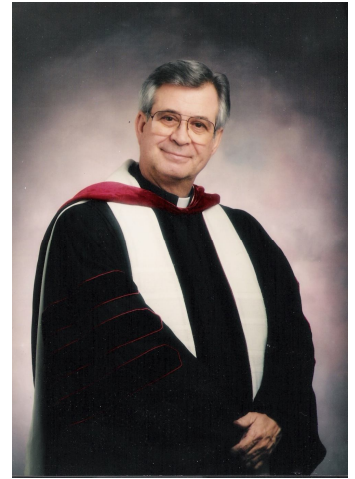
During the time he spent at St. Peter, Harley had begun to prepare to leave the parish ministry and make the transition to becoming a chaplain. From 1971 to 1980, he went through the Clinical Pastoral Education (CPE) program and received training at Lutheran Social Services, Lutheran Hospital, Deaconess Hospital, and St. Luke's Hospital, while also serving as Associate Pastor and CPE Supervisor at Adoration Lutheran Church in Greenfield and Whittall Park Lutheran Church in Hales Corners. In 1980, he also received his Doctor of Ministry degree from Wartburg Seminary.

In 1980, Harley began his first full-time position as a Chaplain and CPE Supervisor at the Winnebago Mental Health Institute in Oshkosh, Wisconsin. In 1984, he returned to Milwaukee to start and head Chaplaincy Services at Children's Hospital of Wisconsin, which was definitely the highlight of his career as a chaplain. In 1991, his role was expanded to include overseeing and coordinating the chaplaincy programs at both Children's Hospital and Froedtert Memorial Lutheran Hospital. Beginning in 1995 and ending with his retirement in 2000, Harley served as a Chaplain at Froedtert Memorial Lutheran Hospital.

For several years following his retirement in 2000, Harley served as a guest preacher in many Milwaukee area churches.

Rev. Dr. John L. Bollinger
June 1, 1936 – June 18, 2011

Rev. Dr. John L. Bollinger, age 75, of Downers Grove, IL died on June 18, 2011. Loving husband of Marguerite; beloved father of Christopher (Miriam) Bischoff, Jeffrey (Mary) Bischoff, Laurel (Pete) Ernst, John (Hiroko) Bollinger and Kristin (Russell) Cass; cherished grandfather of Jillian, Amy, Caitlin, Rachel, Lake, Hunter James, Christina and Nicholas; dear brother of Jill (James) Cook. A Memorial Service was held at the First Congregational Church of Downers Grove, 1047 Curtiss St. on Sunday, July 17, at 2 p.m.



John graduated from Heidelberg College in Tiffin, OH in 1961. He attended Eden Theological Seminary in St. Louis, MO and Bethany Graduate School of Theology in Oak Brook, IL. He served a UCC congregation in Youngstown, OH and a Congregational Church in Blue Island, IL prior to embarking on his CPE career. He married his wife, Marguerite (Meg) December 18, 1965.

John trained at Swedish Covenant Hospital in Chicago under Harold Nelson and then did residencies at Reed Chicago State Hospital under John Rankin and Rush Presbyterian St. Luke's in Chicago under Bernard Pennington and James Gibbons. He became an acting Supervisor in 1970, which was also the beginning of his 35+ year tenure at MacNeal Hospital in Berwyn, IL which ended with his retirement in 2006. He became a Certified Supervisor in 1972.

The Bollinger family asked if the Region would be open to receiving funds in John's memory to support needy CPE students in the Chicago area and we were happy to do so. Memorials were (are) therefore requested to the "**John L. Bollinger Scholarship Fund**", c/o NCR-ACPE. An email update advising the family of donations received to date was sent them while this newsletter was being compiled, and Meg Bollinger responded with the following:

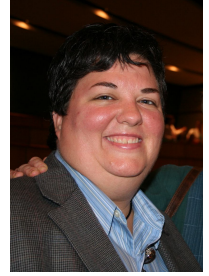
"Gary, thanks for the update. I put some more checks in the mail today. Interesting to note...when I added together all that you told me about originally and those you reported in your email and those that I just sent you today, I totaled \$1008.00! That is a significant number...the number of CPE students that John trained. I'm smiling."

Honors

Congratulations to **Jennifer Hall**, Candidate Supervisor at Iowa Methodist, Lutheran and Blank Children's Hospital in Des Moines, IA for receiving the Iowa Health Des Moines "Always Committed to Excellent (ACE) Award", which recognizes Iowa Health Des Moines employees who embody their CORE Values of Compassion, Openness, Respect and Excellence in the work they do. Selection is based on staff who go above and beyond their daily work and expectations in providing care and service to their patients, visitors, internal customers and our community.

Jennifer was nominated for the award by her Supervisor, **Lyle Greiner**, who wrote: "This was a very emotionally charged situation. A two year old was brought into the Blank ED. It appeared he had been viscously sexually assaulted. Medical personnel, child life, social work, chaplains and many external and legal agencies were involved. A large, emotional and divided family was also involved. The situation went on for 4 or 5

hours. I am nominating Jennifer (right) and her social work colleague Pamela Spencer-Olson because they worked together as a team to reduce hurtful conflict between family members, and other agencies to bring clarity and compassion at the difficult crisis time. They treated all members of the family with respect. They facilitated a process where the child did not have physical care intruded upon, while connecting emotionally and spiritually. Further, they emotionally debriefed following the event.



Congratulations to **Margaret Neal, University of Illinois Medical Center** who was recently similarly honored with her organizations **“Class Act Award”**, which is granted to an employee who is a role model who continuously demonstrates exceptional competence and compassion in the performance of his/her job responsibilities...an outstanding example of the University of Illinois Medical Center’s five values: Integrity, Innovation, service Excellent, Safety, and Accountability.” She was nominated by the staff in NSICU whose representative wrote “The exemplary and compassionate work that she performs on a daily basis should not go unnoticed...her contribution to our staff and patients is truly remarkable. I’m proud to work alongside Ms. Neal and hope that everyone will understand how impressive she is. I specifically commend her for her handling of a difficult family situation in NSICU. I was impressed how she was able to handle an extremely volatile family that was unable to deal with their love one’s death and dying situation. As this family lashed out to everyone around them, nurses and physicians, Margaret Neal was able to diffuse the stressful situation with just the right words and with her compassionate approach.”

What makes this particularly impressive is that this was the third “Class Act Award” Margaret has received which means induction into the **“Circle of Class”**. Not surprisingly, **Margaret has also been the recipient of the University of Illinois Medical Center’s “Employee of the Year” Award**



Congratulations to **Sandra Chiemlewski (left)**, Park Nicollet Methodist Hospital in St. Louis Park, MN, who was granted Candidate Supervisor Status at the NCR Certification Committee spring gathering.

Congratulations to Marty Halvorson and his colleagues at St. Cloud Hospital, St. Cloud, MN, who were granted “Accredited Membership to offer programs of Level I / Level II CPE and Supervisory CPE with no notations” from the ACPE Accreditation Commission last April. They have wasted no time moving forward, having one of their chaplains, **Nicole Schmidt**, enter the supervisory process already and contemplating adding another SES this fall.

Meanwhile, they have also agreed to allow **St. Mary’s Medical Center in Duluth** to satellite under them, as the well-established and strong longstanding NACC program there moves to transfer its accreditation to ACPE through the Satellite to Accredited Center process. (Duluth is seeking an ACPE Supervisor, and the position is a very attractive one: established program with strong support and wonderful office and training space; beautiful city that is a gateway to the North Shore; extensive potential as they are now part of Essentia Health which has other hospitals in Brainerd, Detroit Lakes and Park Rapids, MN and Fargo, ND.)

Thank you from Greg Stoddard, President, FCPE:

“I’m writing as President of the Board for the Foundation for Clinical Pastoral Education, Inc., and on its behalf, to thank you and the members of the North Central Region, ACPE for your contribution in support of the FCPE. The ongoing support of the ACPE’s Regions of FCPE’s annual fund raising efforts will be key, both now and in years to come, in supporting the ACPE’s fundraising and development arm.